

Confidential Disclosure

This *Confidential Disclosure* is made on this 1 day of JANUARY year 2011

Informing (your sex partner) of YOUR NAME's HIV status, which is "POSITIVE".

Meaning that YOUR NAME is living with the virus that causes AIDS (HIV positive).

What is HIV?

HIV is the virus that causes AIDS.

What is AIDS?

AIDS is a condition that result from HIV infection. The infection is caused by a virus (HIV). By the time people with HIV develop AIDS, their immune systems have become damaged and may no longer be able to fight off other infections. Although treatments for HIV infection, including AIDS, have greatly improved, these infections may eventually lead to death.

How do people get infected?

AIDS is caused by a virus (HIV) that spreads through sex (vaginal, oral, or anal) and blood-to-blood contact with infected people. HIV is spread by blood, semen, vaginal fluid, and breast milk.

How don't people get infected?

The virus (HIV) is not spread through casual everyday contact. People cannot get HIV from just being around someone with HIV (HIV positive) or from sharing eating utensils, office space, bathrooms, handshakes, telephones, hugs, touches or massages-even casual kisses.

How do people prevent HIV infection?

The only 100 percent sure way people can protect themselves from HIV infection is abstinence (not using drugs or having sexual intercourse). If abstinence not an option for people wanting to be sexually active, using a latex barrier (condom and/or dental dam) correctly and consistently, with each and every sex act, from start to finish help protect people from HIV and other sexually transmitted infections. Although latex barriers greatly reduce the risk of infection, they are not 100 percent effective. Condom failures usually result from improper use.

I have read and understand the above basic facts about HIV/AIDS. Knowing the facts HIV is preventable; "It's not who we are but what we do that puts us at risk for HIV infection".

I am now informed that YOUR NAME is presently living with the virus that causes AIDS (HIV positive). By signing and dating below I acknowledge this *Confidential Disclosure*.

Print name _____

Signature _____ Date _____