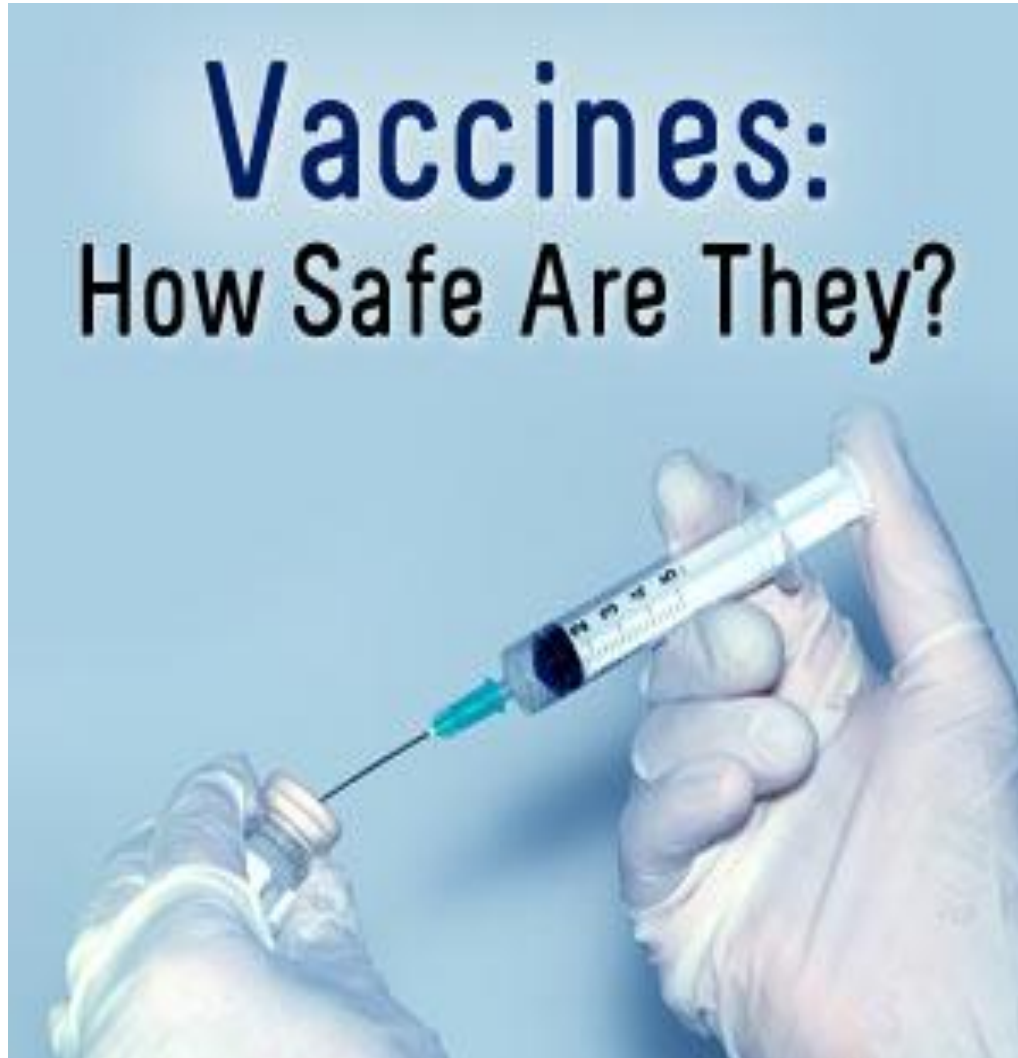


VACCINES – GOOD OR BAD?

Vaccines:
How Safe Are They?



VACCINES – GOOD OR BAD?

Mainstream Perspective

• [<http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/12vol38/acs-dcc-2/index-eng.php>]

- Influenza is a respiratory infection caused by influenza A and B viruses that generally occurs each year in the late autumn to early winter months



VACCINES – GOOD OR BAD?

- Symptoms typically include the **sudden onset** of headache, chills, cough, fever, loss of appetite, muscle aches and fatigue, running nose, sneezing, watery eyes and throat irritation; nausea, vomiting and diarrhea may occur, especially in **children**
- Most recover within a **week** or **10** days
- Those **65+** and adults and children with chronic conditions, are at greater risk of more severe complications, such as

VACCINES – GOOD OR BAD?

- The flu vaccine is **safe and well-tolerated**
- The flu vaccine can be given starting at **6-months** of age right to death
- Answers to Common Questions about the Flu Vaccine from the CDC (5:44):
<http://www.youtube.com/watch?v=VBrKIYMD6kA>

Contra-indications: if developed an **anaphylactic** reaction to a previous dose of flu vaccine or developed Guillain-Barré Syndrome (GBS) within **6-weeks** of flu vaccination should not receive a further dose

VACCINES – GOOD OR BAD?

- Risk of Guillain-Barré ~ **1/1 million** vaccines

- [Juurlink DN, Stukel TA, Kwong J, et al. Guillain-Barre syndrome after influenza vaccination in adults: a population-based study. Arch Intern Med. 2006;166(20):2217-21.] [Prothro C, Kudish K, Fielin M, et al. Preliminary results: surveillance for Guillain-Barre syndrome after receipt of influenza A (H1N1) 2009 monovalent vaccine - United States, 2009-2010. MMWR. 2010;59:657-61.] [Sivadon-Tardy V, Orlikowski D, Porcher R, et al. Guillain-Barre syndrome and influenza virus infection. Clin Infect Dis. 2009;48(1):48-56.] [Stowe J, Andrews N, Wise L, et al. Investigation of the temporal association of Guillain-Barre syndrome with influenza vaccine and influenza like illness using the United Kingdom General Practice Research Database. Am J Epidemiol. 2009;169(3):382-8.] [Tam CC, O'Brien SJ, Petersen I, et al. Guillain-Barre syndrome and preceding infection with campylobacter, influenza and Epstein-Barr virus in the general practice research database. PLoS ONE. 2007;2(4):e344.]

- Neurological disorders
- Thrombocytopenia (a serious blood disorder)

Why Vaccinate?

- Vaccination is the **most effective way to prevent the flu**
- Each year **~10 to 20%** of the population

VACCINES – GOOD OR BAD?

- Annual global rate ~**5-10%** adults; ~**20-30%** kids
- Serious illness and death are **highest In elderly** and those with underlying medical conditions
- Up to **20,000** flu hospitalizations per year
[Schanzer DL, Langley JM, Tam TW. Hospitalization attributable to influenza and other viral respiratory illnesses in Canadian children. *Pediatr Infect Dis J*. 2006;25(9):795-800.] [Schanzer DL, Tam TW, Langley JM, et al. Influenza-attributable deaths, Canada 1990-1999. *Epidemiol Infect*. 2007;135(7):1109-16.]
- Up to **4,000** Canadians, mostly **seniors** may die from **pneumonia** related to influenza
- All vaccines in Canada are manufactured

VACCINES – GOOD OR BAD?

Ingredients in Canadian Vaccines

-> **Egg protein**

-> **Formaldehyde:** embalming fluid;
carcinogen

-> **CTAB – Cetyltrimethyl-ammonium
bromide:** powerful **neurotoxin linked to
Alzheimers**

-> **Polysorbate 80:** increased risk of blood
clots, stroke, heart attack, heart
failure, **cancer**, and may affect genetic
material (mutagenic)

VACCINES – GOOD OR BAD?

-> **Triton X-100:** mutagenic ; a possible female reproductive system toxin; a possible carcinogen

• [\[https://www.sciencelab.com/msds.php?msdsId=9927635\]](https://www.sciencelab.com/msds.php?msdsId=9927635)

[\[http://www.ncbi.nlm.nih.gov/pubmed/8473002\]](http://www.ncbi.nlm.nih.gov/pubmed/8473002)

• [\[http://vactruth.com/2011/08/23/vaccine-ingredients-non-ionic-surfactants-tween-80-triton-x-100-nonoxynol-9/\]](http://vactruth.com/2011/08/23/vaccine-ingredients-non-ionic-surfactants-tween-80-triton-x-100-nonoxynol-9/)

-> **Gelatin Hydrolysate:** made from animal by-products [\[http://en.wikipedia.org/wiki/Hydrolyzed_collagen\]](http://en.wikipedia.org/wiki/Hydrolyzed_collagen)

-> **Sucrose:** table sugar

-> **Arginine:** an amino acid precursor for nitric oxide, vital to CV and blood vessel health

-> **Monosodium Glutamate (MSG):** an excitotoxin; promotes obesity, depression

VACCINES – GOOD OR BAD?

- **Excitotoxins** are linked to Alzheimer's, Parkinson's and Lou Gehrig's (ALS) disease

Flu Shot Efficacy: Meta-analysis found vaccine efficacy of **50%** in healthy adults during seasons of vaccine mismatch

[Manzoli L,

Schioppa F, Boccia A, et al. The efficacy of influenza vaccine for healthy children: a meta-analysis evaluating potential sources of variation in efficacy estimates including study quality. *Pediatr Infect Dis J.* 2007;26(2):97-106.]

- [Jefferson T, Rivetti A, Harnden A, et al. Vaccines for preventing influenza in healthy children. *Cochrane Database Syst Rev.* 2008(2):004879.]
- [Negri E, Colombo C, Giordano L, et al. Influenza vaccine in healthy children: a meta-analysis. *Vaccine.* 2005;23(22):2851-61.]
- [Jefferson T, Di Pietrantonj C, Rivetti A, et al. Vaccines for preventing influenza in healthy adults. *Cochrane Database Syst Rev.* 2010(7):001269.]

VACCINES – GOOD OR BAD?

- Flu vaccine **decreases** incidence of pneumonia, hospital admissions and **deaths in elderly** despite effectiveness being **~half** that of healthy adults [Herrera GA, Iwane MK, Cortese M, et al. Influenza vaccine effectiveness among 50-64-year-old persons during a season of poor antigenic match between vaccine and circulating influenza virus strains: Colorado, United States, 2003-2004. Vaccine. 2007;25(1):154-60.]
 - [Govaert TM, Thijs CT, Masurel N, et al. The efficacy of influenza vaccination in elderly individuals. A randomized double-blind placebo-controlled trial. JAMA. 1994;272(21):1661-5.]
 - [Rivetti D, Jefferson T, Thomas R, et al. Vaccines for preventing influenza in the elderly. Cochrane Database Syst Rev. 2006;3:004876.]
- The influenza vaccine lowers a person's odds of a having heart attack, stroke, heart failure, or other major cardiac event including death by **36%** during the following year [<http://www.health.harvard.edu/blog/flu-shot-linked-to-lower-heart-attack-stroke-risk-201310236795>]

VACCINES – GOOD OR BAD?

- Statistics Canada: **33%** to **25%** of Canadians receive the shot each year; **~40%** of hospital staff in Ontario were vaccinated in 2011

• [<https://ca.news.yahoo.com/why-do-canadians-avoid-the-flu-shot-024415879.html>] [<http://healthydebate.ca/2011/11/topic/health-promotion-disease-prevention/flu-vaccine>]

What mainstream fails to communicate:

1. Vaccines effectiveness is **~50-60%** not **100%**

• [<http://www.thelancet.com/journals/laninf/article/PIIS1473-3099%2811%2970295-X/abstract>] [<http://www.theglobeandmail.com/life/health-and-fitness/health/reality-check-why-an-expert-argues-against-flu-shots-for-health-care-workers/article21057766/>]

2. The vaccine contents and the health effects associated with them

3. The risks associated with the vaccine

VACCINES – GOOD OR BAD?

Alternative Perspective

- Each and every vaccine carries an inherent risk of causing a reaction, **injury or death**
- Death caused directly by the flu is **very rare**
- The actual number of flu deaths in 2005 was **1,806 vs 36,000** according to CDC
[<http://www.cdc.gov/flu/keyfacts.htm>]
- CDC skews stats by classify those dying from **bacterial pneumonia** as dying from the flu

VACCINES – GOOD OR BAD?

- BMJ study concluded: annual flu shots have little or no effect on reducing the number of **hospital stays, time off work, and death** from influenza and its complications [<http://www.bmj.com/content/331/7529/1412>]
- Canadian study concluded: there is no evidence that vaccinating health care workers prevents the flu in elderly residents in long-term care facilities

[<http://www.ncbi.nlm.nih.gov/pubmed/20166073>] [<http://www.theglobeandmail.com/life/health-and-fitness/health/reality-check-why-an-expert-argues-against-flu-shots-for-health-care-workers/article21057766/>]

VACCINES – GOOD OR BAD?

- CDC: *“During years when the flu vaccine is not well matched to circulating viruses, it’s possible that **no benefit** from flu vaccination may be observed.”*

[\[http://www.cdc.gov/flu/about/ga/vaccineeffect.htm\]](http://www.cdc.gov/flu/about/ga/vaccineeffect.htm)

- [\[http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0010949/\]](http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0010949/)

- 2012-2013 flu vaccine’s effectiveness was **56%** across all age groups; in seniors (65+) **9%**

[\[http://www.sfgate.com/health/article/Flu-shots-only-9-effective-for-elderly-4299293.php\]](http://www.sfgate.com/health/article/Flu-shots-only-9-effective-for-elderly-4299293.php)

[\[http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6207a2.htm?s_cid=mm6207a2_x\]](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6207a2.htm?s_cid=mm6207a2_x)

- Peter Doshi [an influenza expert Johns Hopkins School of Medicine]: vaccines are less effective and cause more side effects than acknowledged by the CDC

VACCINES – GOOD OR BAD?

- Multiple studies show flu vaccines

- [\[http://www.ncbi.nlm.nih.gov/pubmed/22032844\]](http://www.ncbi.nlm.nih.gov/pubmed/22032844) [\[http://www.ncbi.nlm.nih.gov/pubmed/20166072\]](http://www.ncbi.nlm.nih.gov/pubmed/20166072) [\[http://www.ncbi.nlm.nih.gov/pubmed/20614424\]](http://www.ncbi.nlm.nih.gov/pubmed/20614424)
- [\[http://www.cidrap.umn.edu/news-perspective/2013/01/studies-flu-vaccine-effectiveness-waned-over-2011-12-season\]](http://www.cidrap.umn.edu/news-perspective/2013/01/studies-flu-vaccine-effectiveness-waned-over-2011-12-season)
- [\[http://www.ncbi.nlm.nih.gov/pubmed/18425905\]](http://www.ncbi.nlm.nih.gov/pubmed/18425905)

- **80%** of all flu-like illness is caused by other **viruses and bacteria** [\[http://ajrccm.atsjournals.org/content/163/3/645.full\]](http://ajrccm.atsjournals.org/content/163/3/645.full)

- Until 2000 flu shots were only recommended for **seniors** and those with **chronic illness** [\[http://www.cdc.gov/mmwr/preview/mmwrhtml/00019992.htm\]](http://www.cdc.gov/mmwr/preview/mmwrhtml/00019992.htm)

- In 2000 the CDC began expanding who should get the flu shot; by 2010 it recommended everyone, healthy or not, from birth to death should get the flu shot

[\[http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5707a1.htm\]](http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5707a1.htm)

- [\[http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5908a1.htm?s_cid=rr5908a1_w\]](http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5908a1.htm?s_cid=rr5908a1_w)

VACCINES – GOOD OR BAD?

Why require more people to get the flu shot when the flu death rate was not increasing?

Who benefits from this increase in flu shots?

- The CDC's members recommending who should get the flu shot had **financial ties to the vaccine industry** [<http://ecochildsplay.com/2008/11/18/doctor-recommends-avoiding-flu-shot-vitamin-d-instead/>]
- **USA = biggest and most profitable market**
[<http://www.prnewswire.com/news-releases/market-forecasts-seasonal-influenza-vaccines-170473196.html>]
- Sanofi Pasteur (world's biggest supplier of flu vaccines), generated flu jab sales of **\$1.43 billion** in

VACCINES – GOOD OR BAD?

- Analysts predict the global vaccine industry will top **\$40-billion** by 2012
[<http://www.theglobeandmail.com/life/health-and-fitness/health/conditions/how-vaccines-became-big-business/article572731/?page=all>]
- CDC: thousands die from the flu; now admit they **don't know** how many die
[http://www.cdc.gov/flu/about/disease/us_flu-related_deaths.htm]
- CDC: “only **8.5%** of all pneumonia and influenza deaths and **2.1%** of all respiratory and circulatory deaths” are influenza related
- Before CDC advocated vaccinating kids **≤ 5**, the number of children dying from the flu **was very low and on the decline**

VACCINES – GOOD OR BAD?

- In 2003, just after children aged ≤ 5 started getting vaccinated, the number of flu deaths **significantly increased and stayed high**
- 2000-**19** deaths 2001-**13** 2002-**12** 2003-**90**
2008-**116**
- [MMWR. Influenza Vaccination Coverage Among Children and Adults -- United States, 2008 -- 09 Influenza Season. Oct 9, 2009/58 (39); 1091-1095.]
- Vaccinating kids had no impact on flu-related hospitalizations or doctor visits
- [[http://www.ncbi.nlm.nih.gov/pubmed?orig_db=PubMed&cmd=Search&term=%22Archives+of+pediatrics+%26+adolescent+medicine%22\[Jour\]+AND+2008%2F10\[pdat\]+AND+Szilagyi\[author\]](http://www.ncbi.nlm.nih.gov/pubmed?orig_db=PubMed&cmd=Search&term=%22Archives+of+pediatrics+%26+adolescent+medicine%22[Jour]+AND+2008%2F10[pdat]+AND+Szilagyi[author])]
- The flu vaccine was found not to be any more effective than a **placebo** in kids **< 2-years**

VACCINES – GOOD OR BAD?

- Elderly vaccination coverage was **15%** in 1980, **65%** in 2008; but **no decrease in deaths** seen

- [http://www.ncbi.nlm.nih.gov/pubmed?orig_db=PubMed&db=pubmed&cmd=Search&term=%22Archives+of+pediatrics+%26+adolescent+medicine%22%5BJour%5D+AND+2008%2F10%5Bpdat%5D+AND+Szilagyi%5Bauthor%5D]
- [<http://ije.oxfordjournals.org/content/35/2/337.short>]
- [http://www.ncbi.nlm.nih.gov/pubmed?orig_db=PubMed&db=pubmed&cmd=Search&term=%22Lancet%22%5BJour%5D+AND+398%5Bpage%5D+AND+2008%5Bpdat%5D]
- [http://www.ncbi.nlm.nih.gov/pubmed?orig_db=PubMed&db=pubmed&cmd=Search&term=American+journal+of+respiratory+and+critical+care+medicine%5BJour%5D+AND+527%5Bpage%5D+AND+2008%5Bpdat%5D]
[Lancet February 7, 1998;351:399-403]
- [http://www.ncbi.nlm.nih.gov/pubmed?orig_db=PubMed&db=pubmed&cmd=Search&term=%22The+Lancet+infectious+diseases%22%5BJour%5D+AND+658%5Bpage%5D+AND+2007%5Bpdat%5D]
- [http://www.ncbi.nlm.nih.gov/sites/entrez?orig_db=PubMed&db=pubmed&cmd=Search&term=American%20journal%20of%20respiratory%20and%20critical%20care%20medicine%5BJour%5D%20AND%20527%5Bpage%5D%20AND%202008%5Bpdat%5D]
[<http://minnesota.publicradio.org/display/web/2010/04/27/flu-vaccine-not-effective-in-elderly>]

- Vaccine manufacturer FLULAVAL's package insert: “...*there have been no controlled trials demonstrating a decrease in influenza disease after vaccination with FLULAVAL.*”

- [http://www.ncbi.nlm.nih.gov/sites/entrez?orig_db=PubMed&db=pubmed&cmd=Search&term=%22Archives%20of%20pediatrics%20%26%20adolescent%20medicine%22%5BJour%5D%20AND%202008%2F10%5Bpdat%5D%20AND%20Szilagyi%5Bauthor%5D]

- FDA (Food and Drug Administration) lists

VACCINES – GOOD OR BAD?

- CDC claims flu vaccine during pregnancy is safe and effective
- H1N1 vaccine insert: *“Animal reproduction studies have **shown an adverse effect on the fetus** and there are no adequate and well-controlled studies in humans.”*

• [<http://onlinelibrary.wiley.com/doi/10.1111/j.1525-1497.2006.00325.x/abstract>]

- *“It is **not known** whether these vaccines can **cause fetal harm** when administered to pregnant women or can affect reproduction capacity.”*

[http://www.greenmedinfo.com/blog/massive-vaccine-induced-fetal-death-coverup-exposed?utm_source=www.GreenMedInfo.com&utm_campaign=7918d99992-Greenmedinfo&utm_medium=email&utm_term=0_193c8492fb-7918d99992-87738009]

VACCINES – GOOD OR BAD?

- CDC's vaccine injury data revealed a **4,250%** increase in **fetal death** after the flu shot

- <http://vaccineliberationarmy.com/2012/12/09/4250-increase-in-fetal-death-reports-covered-up-by-cdc-untested-h1n1-vaccine/>
[<http://www.ncbi.nlm.nih.gov/pubmed/23023030>]
- <http://www.ncbi.nlm.nih.gov/pubmed/21945263> [http://www.greenmedinfo.com/blog/massive-vaccine-induced-fetal-death-coverup-exposed?utm_source=www.GreenMedInfo.com&utm_campaign=7918d99992-Greenmedinfo&utm_medium=email&utm_term=0_193c8492fb-7918d99992-87738009]

- Flu vaccines result in inflammatory CV changes indicating increased risk for serious heart-related events (i.e. heart attack)

- [<http://www.ncbi.nlm.nih.gov/pubmed/21945263>]

- **70%** of doctors and nurses, and **62%** of other health care workers **don't get the flu shot**

- [<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1484661/>]

- [<http://onlinelibrary.wiley.com/doi/10.1111/j.1525-1497.2006.00325.x/abstract>]

VACCINES – GOOD OR BAD?

2. Believed their immune systems are strong enough to withstand exposure to the flu

3. Concerned about side effects

Influenza a Symptom of Vitamin D Deficiency?

- [http://www.ncbi.nlm.nih.gov/sites/entrez?orig_db=PubMed&db=pubmed&cmd=Search&term=Epidemiology%20and%20infection%5BJour%5D%20AND%201129%5Bpage%5D%20AND%202006%5Bpd%5D] [<http://www.whale.to/a/cannell.html>] [<http://archinte.ama-assn.org/cgi/content/abstract/168/11/1174>]
- Inverse association between lower and upper respiratory tract infections and vit-D levels
- Low Vit D = Higher infections (Vise versa)
- [http://www.ncbi.nlm.nih.gov/pubmed/18030309?ordinalpos=1&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_DefaultReportPanel.Pubmed_RVDocSum]
- [http://www.ncbi.nlm.nih.gov/sites/entrez?orig_db=PubMed&db=pubmed&cmd=Search&TransSchema=title&term=Pediatric%20research%5BJour%5D%20AND%20The%20Vitamin%20D%20connection%20to%20pediatric%20infections%20and%20immune%20function]

VACCINES – GOOD OR BAD?

- Vit-D is an effective **antimicrobial** agent, producing **200** to **300** different **antimicrobial peptides** that **kill bacteria, viruses and fungi**
- Children taking **1,200 IUs** of vit-D₃ per day, (a low dose) **were 42% less likely** to get the flu
• <http://www.ncbi.nlm.nih.gov/m/pubmed/19651563/>
- Infants are more susceptible to **viral** rather than **bacterial** infections when vit-D deficient
- **> 87%** of newborns **> 67%** of mothers had vit-D levels **≤ 20ng/ml** = state of severe

VACCINES – GOOD OR BAD?

- A child's vit-D level strongly correlates with mom's; mom's should optimize vit-D levels during pregnancy, to protect baby's health
 - [http://www.ncbi.nlm.nih.gov/pubmed/19237723?ordinalpos=1&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_DefaultReportPanel.Pubmed_RVDocSum]
- Given the strong connection between vit-D and immune function, vit-D supplementation may be a valuable pediatric therapy
- People with more virus-killing immune cells either don't get sick or experience mild flu symptoms

VACCINES – GOOD OR BAD?

- BIG Pharma is developing a universal vaccine designed to stimulate the body into producing more such cells

[\[http://www.ncbi.nlm.nih.gov/m/pubmed/24056771/\]](http://www.ncbi.nlm.nih.gov/m/pubmed/24056771/)

- Vit-D has a direct **immune-modulating** effect, it does exactly what a universal vaccine would do, so why create a universal vaccine?

• [\[http://www.ncbi.nlm.nih.gov/m/pubmed/22312480/\]](http://www.ncbi.nlm.nih.gov/m/pubmed/22312480/) [\[http://www.ncbi.nlm.nih.gov/m/pubmed/20219962/\]](http://www.ncbi.nlm.nih.gov/m/pubmed/20219962/)

VACCINES – GOOD OR BAD?

Can the Flu be Prevented Without the Flu Shot?

What the flu shot does:

- The flu shot weakens the **immune system**
- All vaccines are **immune suppressive**
- Once weakened the immune system may not return to normal for weeks or months
- [\[http://www.ncbi.nlm.nih.gov/pubmed?cmd=retrieve&list_uids=17701480\]](http://www.ncbi.nlm.nih.gov/pubmed?cmd=retrieve&list_uids=17701480)
- **Neurotoxic** components found in vaccines may depress **immune and brain function** and lead some people to become **chronically ill**

VACCINES – GOOD OR BAD?

- Foreign DNA/RNA from animal tissues found in vaccines can trigger **autoimmunity** in some people [<http://www.vaccine-tlc.org/>]
- Add in the **immune** compromising effects of **sugar**, lack of **exercise** and other lifestyle factors and you have the perfect setup for health problems far worse than the flu
- Getting the flu shot = trading **TOTAL immune system depression** for **temporary immunity** against a few of the many viral strains of **1** disease (with **60%**

VACCINES – GOOD OR BAD?

Steps to Stay Flu-Free Naturally

- [\[http://www.webmd.com/cold-and-flu/10-immune-system-busters-boosters\]](http://www.webmd.com/cold-and-flu/10-immune-system-busters-boosters)
- > **Optimize Vit-D Levels:** helps **avoid all infections**; the most important and least expensive course of action [\[http://www.medicalnewstoday.com/releases/51913.php\]](http://www.medicalnewstoday.com/releases/51913.php)
- [\[http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=469543&fulltextType=RV&fileId=S0950268806007175\]](http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=469543&fulltextType=RV&fileId=S0950268806007175)
- Safe sun or supplement with **vit-D₃**
- [\[http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=469543&fulltextType=RV&fileId=S0950268806007175\]](http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=469543&fulltextType=RV&fileId=S0950268806007175)
- [\[http://drbganimalpharm.blogspot.ca/2009/03/vitamin-d-natures-antibiotic-20-50k-iu.html\]](http://drbganimalpharm.blogspot.ca/2009/03/vitamin-d-natures-antibiotic-20-50k-iu.html)
- Monitor: therapeutic range is **50-70 ng/ml**
- Adults need **~8,000 IU's** a day
- > **Eat right:** avoid processed foods and sugar
- Sugar impairs **immune system**

VACCINES – GOOD OR BAD?

- Colourful vegetables provide antioxidants

-> **Get Enough Rest (SLEEP!):** fatigued impairs immune system

[\[http://www.webmd.com/sleep-disorders/excessive-sleepiness-10/immune-system-lack-of-sleep\]](http://www.webmd.com/sleep-disorders/excessive-sleepiness-10/immune-system-lack-of-sleep)

- [\[http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2839418/\]](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2839418/)

-> **Address Emotional Stress:** stress compromises the immune system [\[http://www.mayoclinic.org/healthy-living/stress-management/in-depth/stress/art-20046037\]](http://www.mayoclinic.org/healthy-living/stress-management/in-depth/stress/art-20046037)

-> **Exercise:** increases circulation throughout the body; means the immune system has a better chance of finding an illness before it spreads

- [\[http://www.sciencedirect.com/science/article/pii/S0002934306007820\]](http://www.sciencedirect.com/science/article/pii/S0002934306007820)

[\[http://www.ncbi.nlm.nih.gov/m/pubmed/21041243/\]](http://www.ncbi.nlm.nih.gov/m/pubmed/21041243/)

- [\[http://www.ncbi.nlm.nih.gov/pubmed/9140895?ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_DefaultReportPanel.Pub\]](http://www.ncbi.nlm.nih.gov/pubmed/9140895?ordinalpos=3&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_DefaultReportPanel.Pub)

VACCINES – GOOD OR BAD?

-> **Omega-3 Fats:** i.e. krill oil; Omega-**6** oils seriously damage immune response

- An omega-3 deficiency increases risk for stroke, cancer, heart disease, high BP, diabetes, and **depression** (**60** conditions)
[\[http://umm.edu/health/medical/altmed/supplement/omega3-fatty-acids/\]](http://umm.edu/health/medical/altmed/supplement/omega3-fatty-acids/)
• [\[http://www.ncbi.nlm.nih.gov/pubmed/1377838\]](http://www.ncbi.nlm.nih.gov/pubmed/1377838)
- **Increased** omega-3, **decreased** omega-6 decreases cytokines [pro-inflammatory compounds]
- **Inflammation** related to many **chronic diseases** [\[http://www.ncbi.nlm.nih.gov/pubmed/12442909\]](http://www.ncbi.nlm.nih.gov/pubmed/12442909) [\[http://www.ncbi.nlm.nih.gov/pubmed/18408140\]](http://www.ncbi.nlm.nih.gov/pubmed/18408140)

-> **Wash Your Hands:** decreases odds of spreading a virus to nose, mouth or other

VACCINES – GOOD OR BAD?

- Don't use antibacterial soaps; harmful

- [\[http://www.ncbi.nlm.nih.gov/pubmed/14996673?dopt=Abstract\]](http://www.ncbi.nlm.nih.gov/pubmed/14996673?dopt=Abstract) [\[http://phys.org/news106418144.html\]](http://phys.org/news106418144.html)
[\[http://www.ncbi.nlm.nih.gov/pubmed/9584909?dopt=Abstract\]](http://www.ncbi.nlm.nih.gov/pubmed/9584909?dopt=Abstract)

-> **Garlic:** Antibacterial, antiviral and anti-fungal; fresh; garlic pills are worthless

[\[http://www.medicalnewstoday.com/articles/265853.php\]](http://www.medicalnewstoday.com/articles/265853.php)

- [\[http://preventdisease.com/news/13/012013_Garlic-Soup-With-52-Cloves-of-Garlic-Can-Defeat-Colds-Flu-and-Even-Norovirus.shtml\]](http://preventdisease.com/news/13/012013_Garlic-Soup-With-52-Cloves-of-Garlic-Can-Defeat-Colds-Flu-and-Even-Norovirus.shtml)

-> **Use Natural Antibiotics:** colloidal silver, oil of oregano, and garlic

[\[http://www.colloidalilvercuresmrsa.com/mrsa_cure.htm\]](http://www.colloidalilvercuresmrsa.com/mrsa_cure.htm)

- [\[http://www.sciencedirect.com/science/article/pii/S1549963407000469\]](http://www.sciencedirect.com/science/article/pii/S1549963407000469)

[\[http://www.sciencedaily.com/releases/2001/10/011011065609.htm\]](http://www.sciencedaily.com/releases/2001/10/011011065609.htm)

- [\[http://www.ncbi.nlm.nih.gov/pubmed/16913750?ordinalpos=17&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_DefaultReportPanel.Pubmed_RVDocSum\]](http://www.ncbi.nlm.nih.gov/pubmed/16913750?ordinalpos=17&itool=EntrezSystem2.PEntrez.Pubmed.Pubmed_ResultsPanel.Pubmed_DefaultReportPanel.Pubmed_RVDocSum)

- Work like broad-spectrum antibiotics without causing resistance

-> **Avoid Hospitals:** infection breeding grounds

VACCINES – GOOD OR BAD?

-> **Humidity:** Flu viruses survive longer and spread more easily, when humidity levels are **low**

• <http://www.pnas.org/content/early/2009/02/09/0806852106.abstract>

-> **McMaster Study:** fever can help lower the amount of virus in a sick person's body and **reduce** the chance of disease transmission

- Reducing fever can **increase** transmission
- Fever suppression **increases** the number of annual cases of the flu by **~5%**, corresponding to **> 1,000** additional deaths

VACCINES – GOOD OR BAD?

Herd Immunity: Those getting an **active** illness protect those that haven't gotten the illness

- [\[http://www.vaccines.gov/basics/protection\]](http://www.vaccines.gov/basics/protection) [\[http://www.historyofvaccines.org/content/herd-immunity-0\]](http://www.historyofvaccines.org/content/herd-immunity-0) [\[http://www.vaccinationcouncil.org/2012/07/05/herd-immunity-the-flawed-science-and-failures-of-mass-vaccination-suzanne-humphries-md-3/\]](http://www.vaccinationcouncil.org/2012/07/05/herd-immunity-the-flawed-science-and-failures-of-mass-vaccination-suzanne-humphries-md-3/)

- **Mainstream**: if a certain percentage of people are vaccinated, protection is imparted to those who are not vaccinated; research shows that is **not true**

- [\[http://www.pnas.org/content/early/2013/11/20/1314688110.abstract\]](http://www.pnas.org/content/early/2013/11/20/1314688110.abstract)

- [\[http://news.sciencemag.org/health/2013/11/whooping-cough-vaccine-does-not-stop-spread-disease-lab-animals\]](http://news.sciencemag.org/health/2013/11/whooping-cough-vaccine-does-not-stop-spread-disease-lab-animals)

- True herd immunity is based on **active disease**; vaccination doesn't mimic **natural disease**

VACCINES – GOOD OR BAD?

- Herd immunity fails to acknowledge viruses and the bacteria have a **life cycle of their own**
- i.e. SARS came and went without **herd immunity** ; the virus died out on its own

Natural Immunity vs Vaccine-Induced Immunity

- First line of defense is the mucous membranes of the nose, mouth, pulmonary system or the digestive tract

VACCINES – GOOD OR BAD?

After extensive research, I decided not to vaccinate my kids, but now all my friends who have vaccinated kids are terrified my kids will infect them with a disease.

I don't get it. So if you vaccinate your kids you have a false sense of security that they're protected but they're not really protected? How could my unvaccinated child infect a child that is protected according to vaccine logic? Logic and vaccination do not seem to be interrelated in any way.



som^{ee}cards
user card

VACCINES – GOOD OR BAD?

- This is the IgA (immunoglobulin A) immune system
- IgA immune system fights off invading viruses at entry points, **reducing or eliminating** the need to activate the **entire** immune system
- The immune system response dominoes, creating other **memory** and immune responses that give the body **antibodies** and **long-term** protection
- A lab altered virus directly injected into the body bypasses the IgA immune system kicking the body's **entire** immune system

VACCINES – GOOD OR BAD?

- With vaccination just an **antibody** is created; this doesn't impart **long-term** immunity as it doesn't create the kind of **memory** that occurs when you get the natural disease
- [\[http://www.nvic.org/\]](http://www.nvic.org/)
- Merck claims **mumps** vaccine **95%** effective
- Whistle blowers allege Merck falsified the **mumps** vaccine effectiveness in the MMR shot because of its significant decline in effectiveness

[\[http://www.courthousenews.com/2012/06/27/47851.htm\]](http://www.courthousenews.com/2012/06/27/47851.htm) [\[http://blogs.wsj.com/pharmalot/2014/09/10/did-](http://blogs.wsj.com/pharmalot/2014/09/10/did-merck-unfairly-monopolize-the-market-for-a-mumps-vaccine/)

[merck-unfairly-monopolize-the-market-for-a-mumps-vaccine/](http://blogs.wsj.com/pharmalot/2014/09/10/did-merck-unfairly-monopolize-the-market-for-a-mumps-vaccine/)

VACCINES – GOOD OR BAD?

- Vaccine-induced antibody elevations don't guarantee protection against the pathogen the vaccine is intended to immunize us against
- **Measles** can occur even when **> 99%** of the individuals have been vaccinated and **> 95%** are immune [http://www.ncbi.nlm.nih.gov/pubmed/3821823]
[http://www.ncbi.nlm.nih.gov/pubmed/3618578]
• [http://www.ncbi.nlm.nih.gov/pubmed/1884314] [http://www.ncbi.nlm.nih.gov/pubmed/2230232]
[http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3930734/]
• [http://www.greenmedinfo.com/blog/why-china-having-measles-outbreaks-when-99-are-vaccinated-2]
- **81%** of **whooping cough** cases occurred in those fully up to date on the vaccine
• [http://cid.oxfordjournals.org/content/early/2012/03/13/cid.cis287]

VACCINES – GOOD OR BAD?

- **Pertussis** (Whooping Cough) vaccine loses much of its effectiveness after just **3** years; the booster shot is only **53%** to **64%** effective
[<http://www.cdc.gov/pertussis/about/faqs.html>]
- [<http://www.ncbi.nlm.nih.gov/pubmed/23873919>]
- The **chicken pox** vaccination has been found to have limited effectiveness
[<http://www.ncbi.nlm.nih.gov/pubmed/17360990>]
- **Chicken pox** has occurred in populations with **97%** immunization compliance
[<http://www.ncbi.nlm.nih.gov/pubmed/18419385>]
- [<http://www.ncbi.nlm.nih.gov/pubmed/19593254>]
- The recent NHL mumps outbreak and various other disease outbreaks highlight vaccine effectiveness is not **100%**

VACCINES – GOOD OR BAD?

Did Vaccines Irradicate Disease?

[\[http://genesgreenbook.com/content/proof-vaccines-didnt-save-us\]](http://genesgreenbook.com/content/proof-vaccines-didnt-save-us) [\[http://www.vaccineriskawareness.com/Did-Vaccines-Really-Halt-Killer-Diseases-\]](http://www.vaccineriskawareness.com/Did-Vaccines-Really-Halt-Killer-Diseases-)

• [\[http://articles.mercola.com/sites/articles/archive/2009/11/14/Expert-Pediatrician-Exposes-Vaccine-Myths.aspx\]](http://articles.mercola.com/sites/articles/archive/2009/11/14/Expert-Pediatrician-Exposes-Vaccine-Myths.aspx)

Conventional Medicine: argues the polio and smallpox epidemics, most infectious diseases, were brought to an end because of vaccines

- 100-years ago infectious diseases were the leading cause of death in Canada
- Now they account for < 5% of all deaths because of immunization programs

• [\[http://www.immunize.cpha.ca/en/default.aspx\]](http://www.immunize.cpha.ca/en/default.aspx)

VACCINES – GOOD OR BAD?



Lack of Food
Lack of Shelter
Lack of Clean Water
but don't worry
Billions of Dollars in
Vaccines Have Arrived!

VACCINES – GOOD OR BAD?

- Immunization prevents the spread of disease; as more people are immunized disease risk for everyone is **reduced** (**herd community**)
- Immunization has saved more lives in the last **50** years than any other health intervention
- Immunization is the **single most cost-effective** health investment in promoting health
- [\[http://www.health.gov.on.ca/en/public/programs/immunization/resources.aspx\]](http://www.health.gov.on.ca/en/public/programs/immunization/resources.aspx)
- Vaccinations **build** the immune system,

VACCINES – GOOD OR BAD?

- Immunized is a foundation for a healthy life
- Immunization is both **a safe and necessary** part of enhancing the health of you and your family

• [http://www.who.int/vaccine_safety/initiative/tools/Influenza_Vaccine_rates_information_sheet.pdf]

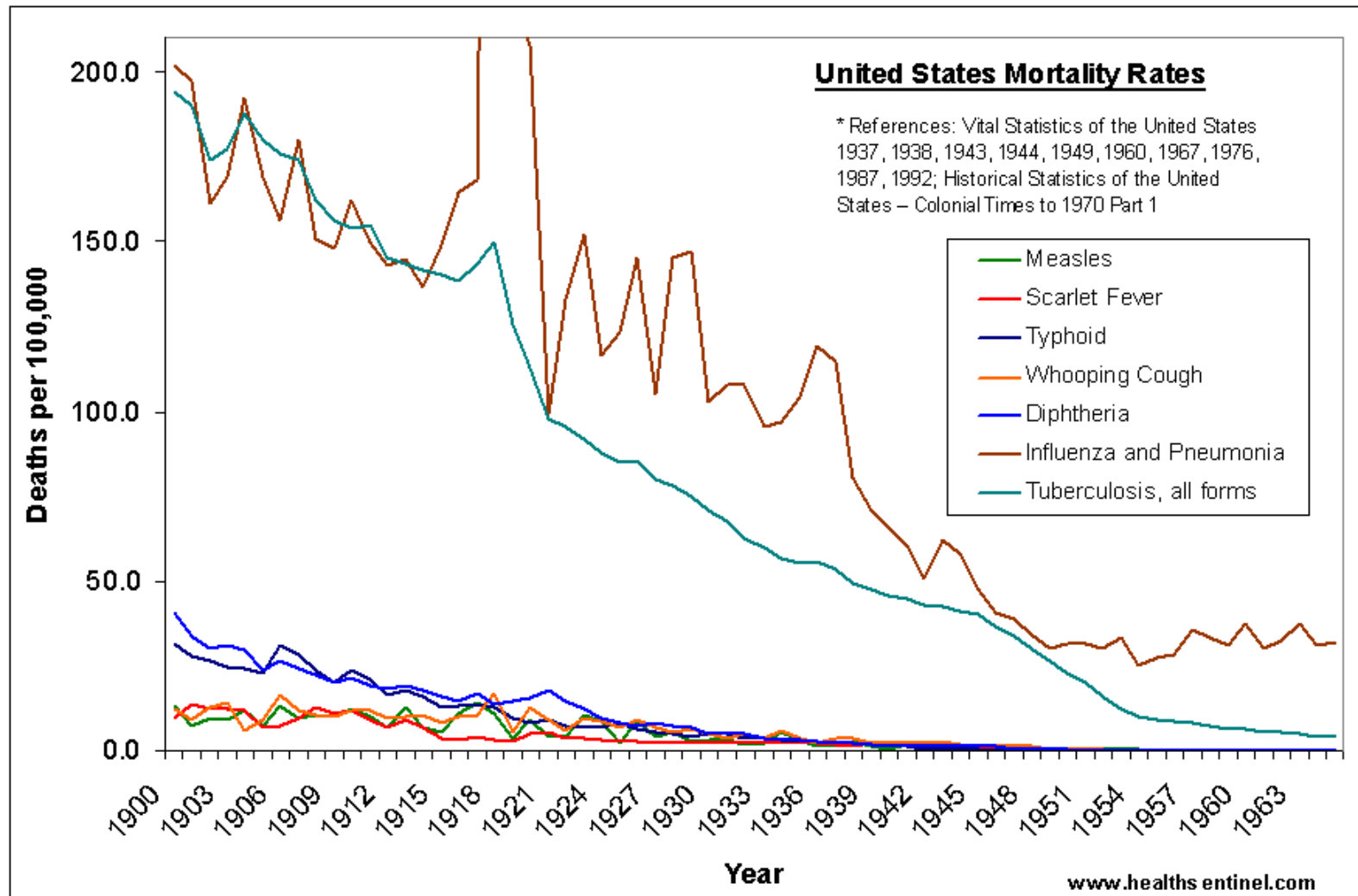
Alternative: The majority of infectious diseases were **all reduced** before WWII and before **antibiotics and vaccinations** were available

- Public health strategies: **clean water, better living conditions, improved sanitation, and improved sanitation**

VACCINES – GOOD OR BAD?

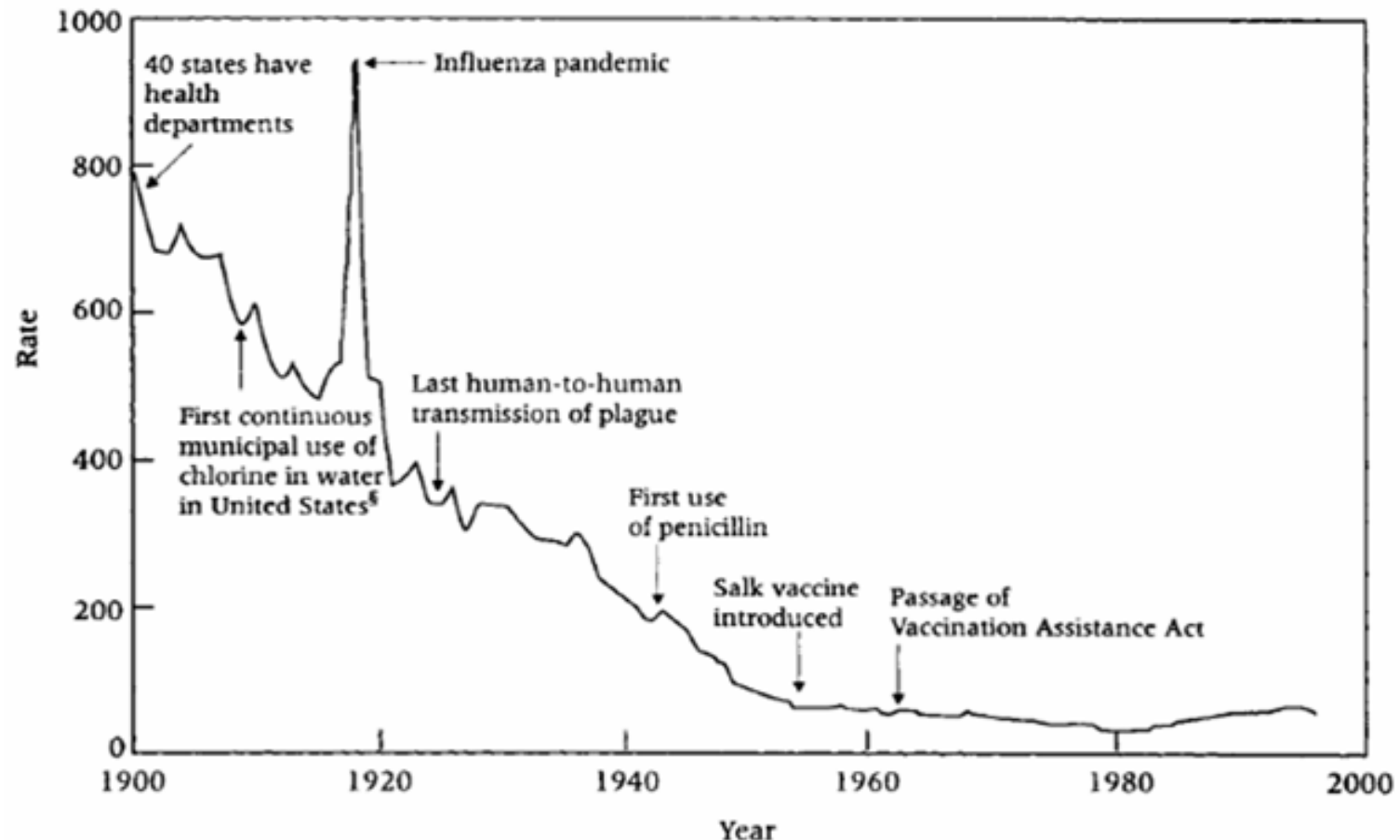
- The following chart shows flu deaths (brown line) were not prevented by a vaccine
- For most of the period no vaccine was available and when it became available **flu mortality had already plummeted**

VACCINES – GOOD OR BAD?



VACCINES – GOOD OR BAD?

FIGURE 1 Crude death rate* for infectious diseases—United States, 1900–1996†



*Per 100,000 population per year.

†Adapted from Armstrong GL, Conn LA, Pinner RW. Trends in infectious disease mortality in the United States during the 20th century. *JAMA* 1999; 281:61–6.

§American Water Works Association. Water chlorination principles and practices: AWWA manual M20. Denver, Colorado: American Water Works Association, 1973.

VACCINES – GOOD OR BAD?

1940

DTP
SMALLPOX

**some children got
4 shots before the age
of 2. NEVER with more
than 1 shot per visit



1980

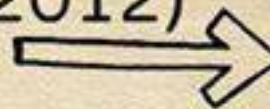
DTP (2 months)
Polio (2 months)
DTP (4 months)
Polio (4 months)
DTP (6 months)
Polio (6 months)
MMR (12 months)
DTP (18 months)
DTP (5 years old)

**children got 8 shots
before age 2 and NEVER
with more than 2 shots per
visit

2012

Flu/H1N1 (Prenatal)
HepB (Birth)
Dtap (2 months)
Polio (2 months)
Hib (2 months)
Pneu (2 months)
Rotavirus (2 months)
HepB (2 months)
Dtap (4 months)
Polio (4 months)
Hib (4 months)
Pneu (4 months)
Rotavirus (4 months)
Dtap (6 months)
Polio (6 months)
Hib (6 months)
Flu/H1N1 (6 months)
Flu/H1N1 (7 months)
Pneu (12 months)
MMR (12 months)
Varicella (15 months)
HepA (15 months)
Dtap (18 months)
Polio (18 months)
Hib (18 months)
HepA (18 months)
Flu/H1N1 (18 months)
Flu/H1N1 (2.5 years)
Dtap (4-6 years)
Polio (4-6 years)
MMR (4-6 years)
Varicella (4-6 years)
Flu/H1N1 (4-6 years)

*49 DOSES of 14 vaccines
by the age of 6 (in 2012)



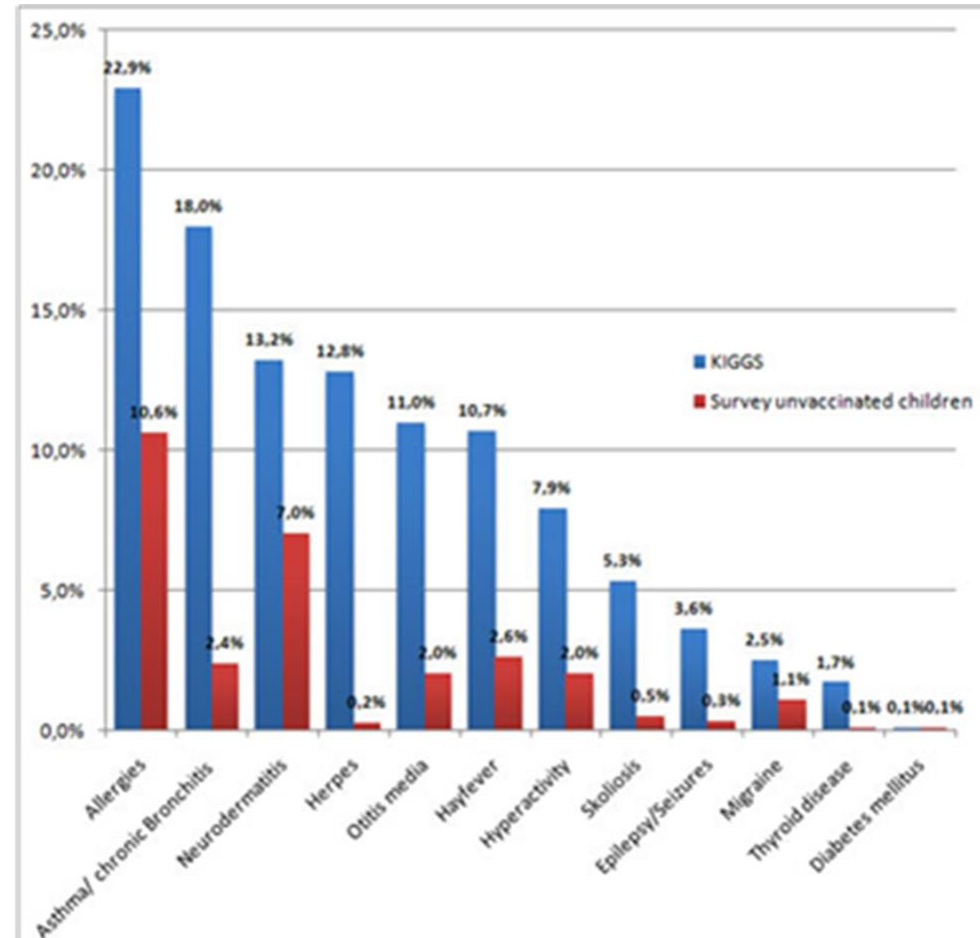
Educate Before You Vaccinate

proud parents of unvaccinated: children [find us on facebook](#)

VACCINES – GOOD OR BAD?

To Vaccinate or Not?

- Prevalence of health problems **greater in vaccinated children** compared to unvaccinated



- [<http://www.vaccineinjury.info/vaccinations-in-general/health-unvaccinated-children/survey-results-illnesses.html>]

VACCINES – GOOD OR BAD?

- **Autism** has increased to **1 in 100** children, most were **vaccinated**; the **unvaccinated group** **~1 in 2,000**; **20x** lower than **vaccinated group**

- [\[http://www.vaccineinjury.info/vaccinations-in-general/health-unvaccinated-children/survey-results-illnesses.html\]](http://www.vaccineinjury.info/vaccinations-in-general/health-unvaccinated-children/survey-results-illnesses.html)
- [\[http://articles.mercola.com/sites/articles/archive/2011/11/04/are-unvaccinated-children-healthier.aspx?e_cid=20111104_DNL_art_1\]](http://articles.mercola.com/sites/articles/archive/2011/11/04/are-unvaccinated-children-healthier.aspx?e_cid=20111104_DNL_art_1)
- [\[http://www.thehealthyhomeeconomist.com/survey-results-are-unvaccinated-children-healthier/\]](http://www.thehealthyhomeeconomist.com/survey-results-are-unvaccinated-children-healthier/)

- Early 1950s the US administered **4** vaccines: diphtheria, tetanus, pertussis and smallpox; children received **13** doses of **4** vaccines by **2** years old and not more than **3** vaccines at once
- The US recommends **more vaccines** than any country in world

VACCINES – GOOD OR BAD?

- CDC: recommends **48** doses of **14** vaccines by age 6, and **69** doses of **16** vaccines by age 18 [<http://articles.mercola.com/sites/articles/archive/2010/11/04/big-profits-linked-to-vaccine-mandates.aspx>]
- Dramatically increasing vaccinations has made
- [<http://www.phillymag.com/articles/will-this-doctor-hurt-your-baby/>]
- In the last **30** years vaccinations US kids receive has **tripled**; during same time, number of kids with learning disabilities, ADHD, asthma and diabetes has more than **tripled**

VACCINES – GOOD OR BAD?

- No scientific evidence exists showing **vaccines are NOT** contributing to increased incidence of chronic illness and disability in children
- **> 2x** as many kids have **chronic brain and immune system dysfunction** **today**s than in the 1970s when **half** as many vaccines given
- In 1960, USA ranked **12th** in the world for infant mortality; in 2005, **30th**; in 2014 **48th**

- [<http://www.geoba.se/population.php?pc=world&type=019&year=2014&st=rank&asde=&page=3>]
- [<http://www.cdc.gov/nchs/data/databriefs/db23>].
- [<http://www.nvic.org/PDFs/Infant-Mortality-study.aspx>]

VACCINES – GOOD OR BAD?

- Developed nations with **poor** infant mortality rates tend to give their infants **more vaccine doses before age one**

[\[http://www.ncbi.nlm.nih.gov/pubmed/24325827#\]](http://www.ncbi.nlm.nih.gov/pubmed/24325827#)

• [\[http://www.ncbi.nlm.nih.gov/pubmed/21093496\]](http://www.ncbi.nlm.nih.gov/pubmed/21093496) [\[http://www.ncbi.nlm.nih.gov/pubmed/21543527\]](http://www.ncbi.nlm.nih.gov/pubmed/21543527) [\[http://www.greenmedinfo.com/blog/multiple-infant-vaccines-linked-dramatically-increased-mortality?utm_source=Master+List&utm_campaign=a0f60c3aef-Greenmedinfo&utm_medium=email&utm_term=0_af50e1f25a-a0f60c3aef-87748817\]](http://www.greenmedinfo.com/blog/multiple-infant-vaccines-linked-dramatically-increased-mortality?utm_source=Master+List&utm_campaign=a0f60c3aef-Greenmedinfo&utm_medium=email&utm_term=0_af50e1f25a-a0f60c3aef-87748817)

- US babies get **26** vaccine doses before **1-year**
- **2x** that given in Sweden and Japan where the infant mortality rate is than in USA
- The pharmaceutical industry spends billions of dollars a year lobbying to add more vaccines to the list each year

VACCINES – GOOD OR BAD?

- A reasoned approach would suggest children should be vaccinated; but that different vaccines should be spread out so not so many are given at once

[\[http://www.greenmedinfo.com/blog/vaccination-agenda-implicit-transhumanismdehumanism\]](http://www.greenmedinfo.com/blog/vaccination-agenda-implicit-transhumanismdehumanism)

- Why does the USA and Canada need more vaccinations than European countries?
- Immunity, Infectious Disease, and Vaccination - Raymond Obomsawin (1:29:45):
<https://www.youtube.com/watch?v=KtN0PMJOOjM>
- ****MAKE SURE YOU WATCH ASAP..**

VACCINES – GOOD OR BAD?

Gardasil Vaccine for HPV

- **> 100** different HPV strains; **~15** of them are associated with development of cancer if HPV infection persists over a long period of time
- In **> 90%** of cases the infection **resolves on its own** within **2** years with no health issues

VACCINES – GOOD OR BAD?

- HPV vaccine reduced HPV-16 infections by **0.6%** in vaccinated vs unvaccinated women
- Other high-risk HPV infections were diagnosed in vaccinated women **2.6% to 6.2% more frequently** than unvaccinated women
- [\[http://download.journals.elsevierhealth.com/pdfs/journals/0002-9378/PIIS0002937811009409.main-abr.pdf\]](http://download.journals.elsevierhealth.com/pdfs/journals/0002-9378/PIIS0002937811009409.main-abr.pdf)
- Merck's research: if you have been exposed to **HPV-16 or -18 before** you get Gardasil, you may **increase** your risk of precancerous lesions, or worse, by **44.6%**

VACCINES – GOOD OR BAD?

- Cervical cancer accounts for **< 1%** of all cancer deaths
- A systematic review of pre- and post-licensure (2006 HPV marketed) trials of HPV vaccine by UBC showed vaccine effectiveness is **overstated** (through the use of selective reporting or “cherry picking” data) **it is also dangerously unproven** [\[http://www.ncbi.nlm.nih.gov/m/pubmed/23016780/\]](http://www.ncbi.nlm.nih.gov/m/pubmed/23016780/)
- [\[http://www.marketwatch.com/story/foia-documents-obtained-by-judicial-watch-reveal-200-claims-filed-with-hhs-for-hpv-vaccine-injuries-and-deaths-49-compensated-2013-03-20\]](http://www.marketwatch.com/story/foia-documents-obtained-by-judicial-watch-reveal-200-claims-filed-with-hhs-for-hpv-vaccine-injuries-and-deaths-49-compensated-2013-03-20)

VACCINES – GOOD OR BAD?

- DNA fragments were found to be bound to Merck's proprietary aluminum adjuvant and had adopted a **non-B conformation** in the HPV vaccine, creating a novel chemical compound of unknown toxicity

[<http://sanevax.org/gardasil-new-study-brings-more-safety-questions-to-light/>]

- **Non-B confirmation** are known to be associated with genetic mutations connected to over **70** serious diseases in human beings

• [<http://www.ncbi.nlm.nih.gov/pubmed/17493823>]

VACCINES – GOOD OR BAD?

- The presence of these HPV DNA fragments of offer a plausible explanation for the high immunogenicity of Gardasil

- [\[http://www.greenmedinfo.com/blog/hpv-vaccine-linked-nervous-system-disorder-and-autoimmunity?page=1\]](http://www.greenmedinfo.com/blog/hpv-vaccine-linked-nervous-system-disorder-and-autoimmunity?page=1)

- The vaccine has the ability to provoke an exaggerated immune response

- [\[http://hic.sagepub.com/content/2/1/2324709614527812.short\]](http://hic.sagepub.com/content/2/1/2324709614527812.short)

- [\[http://www.ncbi.nlm.nih.gov/pubmed/20708902\]](http://www.ncbi.nlm.nih.gov/pubmed/20708902)

- [\[http://onlinelibrary.wiley.com/doi/10.1111/ene.12272/pdf\]](http://onlinelibrary.wiley.com/doi/10.1111/ene.12272/pdf)

- The rate of **anaphylaxis** in girls receiving Gardasil is far higher than normal **5** to **20** times higher than other common vaccinations

- [\[https://www.dropbox.com/s/46m4o78mybhsz9f/ML%20-%20Lee%202012%20Advances%20in%20Bioscience%20and%20Biotechnology%20-%20Detection%20of%20human%20papillomavirus%20L1%20gene%20DNA%20fragments%20in%20postmortem%20blood%20and%20spleen%20after%20G.pdf\]](https://www.dropbox.com/s/46m4o78mybhsz9f/ML%20-%20Lee%202012%20Advances%20in%20Bioscience%20and%20Biotechnology%20-%20Detection%20of%20human%20papillomavirus%20L1%20gene%20DNA%20fragments%20in%20postmortem%20blood%20and%20spleen%20after%20G.pdf)

- [\[http://www.ncbi.nlm.nih.gov/pubmed/23016780\]](http://www.ncbi.nlm.nih.gov/pubmed/23016780)

VACCINES – GOOD OR BAD?

- FDA records show **28** deaths in 2008 associated with Gardasil (HPV), up from **19** deaths in 2007 [<http://www.judicialwatch.org/press-room/press-releases/new-fda-records-obtained-judicial-watch-indicate-28-deaths-related-gardasil-2008/>]
- Total Gardasil-related deaths is **47** (report June 22, 2009) since the vaccine was approved in 2006
- FDA documented **6,723** “adverse events” related to Gardasil in 2008; **1,061** were “serious” and **142** “life threatening”

VACCINES – GOOD OR BAD?

- Vaccine pioneer admits adding cancer-causing virus to Vaccine (10:37): http://www.youtube.com/watch?v=13C6SV_IrDQ 😊
- Origin of AIDS The Polio Vaccine (CBC 'Witness', 2004) (43:14): <http://www.youtube.com/watch?v=LZs1V8mpY> 😊
- CDC Whistleblower (9:30): <http://vimeo.com/user5503203/review/103711143/91f7d3d4d8>
- Dr Suzanne Humphries on Vaccines (11:26): <https://www.youtube.com/watch?v=efto1LpWklw> 😊
- **ESPECIALLY WATCH THESE.. ALL OF THEM! GOING TO BE ON TEST!!!!**