

Generations and age, by nativity and region of birth: 2018

Universe: 2018 resident population

	Gen Z (ages 21 and younger)	Millennial (ages 22-37)	Gen X (ages 38-53)	(a)
All U.S. born	86,978,230	59,832,456	51,199,886	6
All foreign born	4,091,287	11,543,073	14,476,822	1
Mexico	801,667	3,131,569	4,344,088	
East and Southeast Asia	756,335	1,894,455	2,656,158	
Central Asia	23,729	43,039	36,102	
South Asia	379,617	1,341,243	1,133,535	
Oceania	29,237	67,681	76,634	
Europe	329,335	901,496	1,263,705	
Canada and Other North America	61,402	149,898	195,463	
Caribbean	410,497	929,049	1,320,565	
Central America	447,108	1,111,661	1,211,085	
South America	311,207	827,591	1,099,471	
Middle East-North Africa	205,745	493,507	497,817	
Sub-Saharan Africa	333,661	642,532	634,825	
Total	91,069,517	71,375,529	65,676,708	7

PERCENT DISTRIBUTION

All U.S. born	30.8 %	21.2 %	18.1 %
All foreign born	9.1	25.8	32.3
Mexico	7.2	28.0	38.8
East and Southeast Asia	8.7	21.9	30.7
Central Asia	18.0	32.6	27.4
South Asia	10.3	36.6	30.9
Oceania	11.9	27.5	31.1
Europe	6.8	18.6	26.1
Canada and Other North America	7.4	18.1	23.6
Caribbean	9.2	20.8	29.6
Central America	12.5	31.0	33.7
South America	9.4	25.0	33.3
Middle East-North Africa	11.5	27.6	27.9
Sub-Saharan Africa	16.4	31.6	31.2
All	27.8 %	21.8 %	20.1 %

Note: GenZ is defined as anyone born after 1996. See "Countries by regional classification" for details on our regional grouping of countries.

Source: Pew Research Center tabulations of 2018 American Community Survey (1% IPUMS).

"Statistical Portrait of the Foreign-Born Population in the United States, 2018"