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Healthcare Statement RE: Hillary Rodham Clinton

Date of birth: 10/26/47

This letter summarizes the health history and current medical evaluation of Hillary Rodham Clinton. I am an internist and the Chairman of the Department of Medicine at the Mount Kisco Medical Group in Mount Kisco, New York. I have served as Mrs. Clinton's personal physician since 2001, during which time I have been involved in all aspects of her healthcare.

Mrs. Clinton is a healthy 67-year-old female whose current medical conditions include hypothyroidism and seasonal pollen allergies. Her past medical history is notable for a deep vein thrombosis in 1998 and in 2009, an elbow fracture in 2009 and a concussion in 2012.

In December of 2012, Mrs. Clinton suffered a stomach virus after traveling, became dehydrated, fainted and sustained a concussion. During follow up evaluations, Mrs. Clinton was found to have a transverse sinus venous thrombosis and began anticoagulation therapy to dissolve the clot. As a result of the concussion, Mrs. Clinton also experienced double vision for a period of time and benefited from wearing glasses with a Fresnel Prism. Her concussion symptoms, including the double vision, resolved within two months and she discontinued the use of the prism. She had follow-up testing in 2013, which revealed complete resolution of the effects of the concussion as well as total dissolution of the thrombosis. Mrs. Clinton also tested negative for all clotting disorders. As a precaution, however, it was decided to continue her on daily anticoagulation.

Mrs. Clinton's current medications include Armour Thyroid, antihistamines, Vitamin B12 and Coumadin. She also was advised in 1998 to take Lovenox, a short-acting blood thinner, when she took extended flights; this medication was discontinued when she began Coumadin. Her Coumadin dose is monitored regularly and she has experienced no side-effects from her medications. She takes no other medications on a regular basis and has no known drug allergies. She does not smoke and drinks alcohol occasionally. She does not use illicit drugs or tobacco products. She eats a diet rich

in lean protein, vegetables and fruits. She exercises regularly, including yoga, swimming, walking and weight training.

Her family history is notable with respect to her father, who lived into his 80s and died after having a stroke and her mother, who lived into her 90s and passed away after having had congestive heart failure. She has two brothers, one of whom had premature heart disease, one healthy daughter and one healthy granddaughter.

Her routine health maintenance is up to date and has included a normal colonoscopy, gynecologic exam, mammogram and breast ultrasound. Due to her family history, she underwent a full cardiac evaluation, which was negative. She had a coronary calcium score of zero and a normal carotid ultrasound.

Her most recent physical examination on March 21, 2015 revealed a healthy-appearing female. Her vital signs showed blood pressure 100/65, heart rate 72, respiratory rate 18 and temperature 98.7. The remainder of her physical examination was normal. Laboratory testing revealed a normal EKG and normal laboratory testing, including cholesterol of 195, with an LDL of 118, HDL of 64 and triglycerides of 69.

In summary, Mrs. Clinton is a healthy female with hypothyroidism and seasonal allergies, on long-term anticoagulation. She participates in a healthy lifestyle and has had a full medical evaluation, which reveals no evidence of additional medical issues or cardiovascular disease. Her cancer screening evaluations are all negative. She is in excellent physical condition and fit to serve as President of the United States.

Lisa Bardack, MD