

INDIANAPOLIS, IN

(Indianapolis-Carmel-Anderson, IN MSA)

Total Score = 26.6; Rank = 50

Areas of Excellence (at or better than target goal):

- More farmers' markets per capita
- More golf courses per capita
- Higher level of state requirement for Physical Education classes

Improvement Priority Areas (worse than 20% of target goal):

- Lower percent meeting CDC aerobic activity guidelines
- Lower percent meeting both CDC aerobic and strength activity guidelines
- Lower percent consuming 2+ fruits per day
- Lower percent consuming 3+ vegetables per day
- Higher percent currently smoking
- Higher percent obese
- Lower percent in excellent or very good health
- Higher percent of days when physical health was not good during the past 30 days
- Higher percent of days when mental health was not good during the past 30 days
- Higher percent with asthma
- Higher percent with angina or coronary heart disease
- Higher percent with diabetes
- Lower percent of city land area as parkland
- Fewer acres of parkland per capita
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Lower Walk Score®
- Lower percent of population within a 10 minute walk to a park
- Fewer ball diamonds per capita
- Fewer dog parks per capita
- Fewer park playgrounds per capita
- Fewer park units per capita
- Fewer recreation centers per capita
- Fewer tennis courts per capita
- Lower park-related expenditures per capita

Description of Indianapolis-Carmel-Anderson, IN MSA

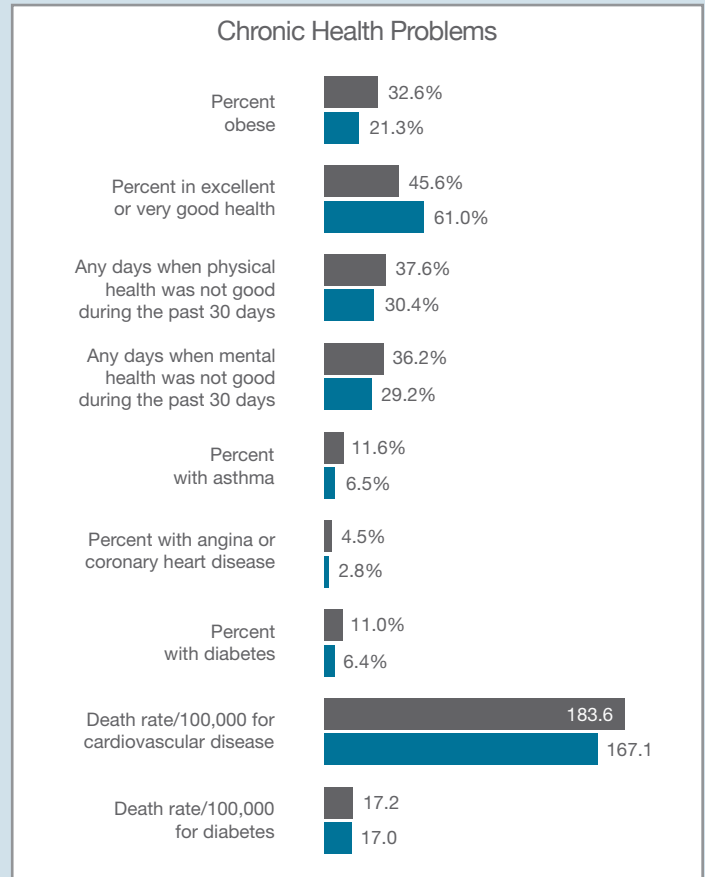
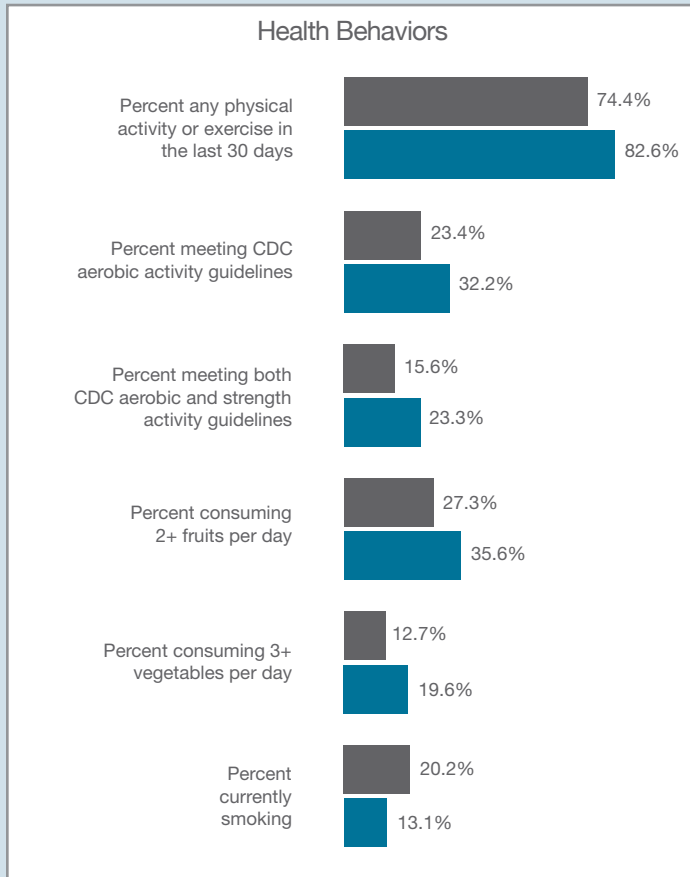
Population	1,971,274
Percent less than 18 years old	25.2%
Percent 18 to 64 years old	62.4%
Percent 65 years old and older	12.4%
Percent male	48.8%
Percent high school graduate or higher	89.0%
Percent White	78.0%
Percent Black or African American	14.7%
Percent Asian	2.8%
Percent Other Race	4.5%
Percent Hispanic/Latino	6.4%
Percent unemployed	4.8%
Median household income	\$52,268.00
Percent of households below poverty level	10.6%
Violent crime rate/100,000*	646.3
Percent with disability	12.9%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas.

ACSM American Fitness Index[®] Components

Personal Health Indicators – Score = 24.2; Rank = 50

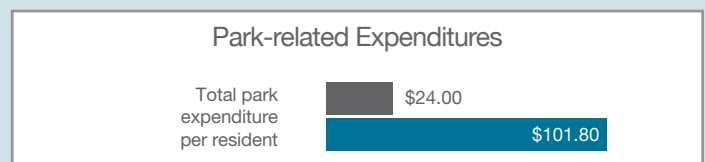
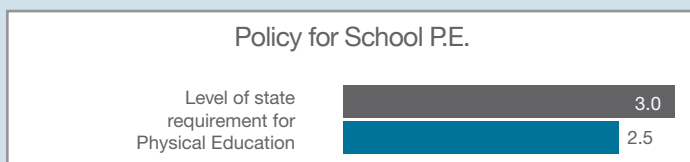
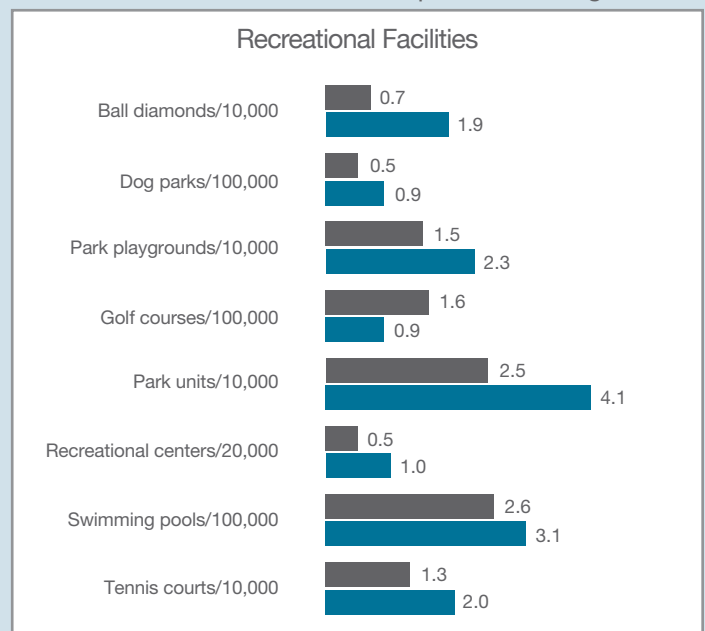
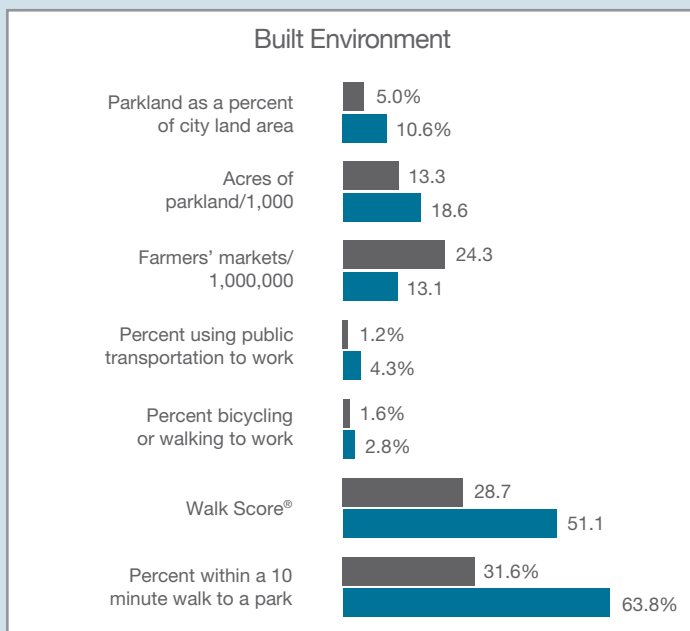
■ Indianapolis ■ Target Goal*



Community/Environmental Indicators – Score = 28.9; Rank = 49

(note: most of these data were available only for the main city in the MSA)

■ Indianapolis ■ Target Goal**



*The target goal for the Personal Health Indicators that did not change was the 90th percentile for MSAs during 2008-2012. For the new personal health indicators the target goals were 90% of the 2014 values.
 **The target goal for the Community/Environmental Indicators that did not change was the MSA average for 2008 to 2012. New community indicators target goals were an average of the 2014 values.