



The TMC Health Policy Institute Consumer Health Report 2016:

SECOND ANNUAL SURVEY

TMC | HEALTH
POLICY

The TMC Health Policy Institute Consumer Health Report

1ST SURVEY, 2015

- 1,000 Texas only

2ND SURVEY, 2016

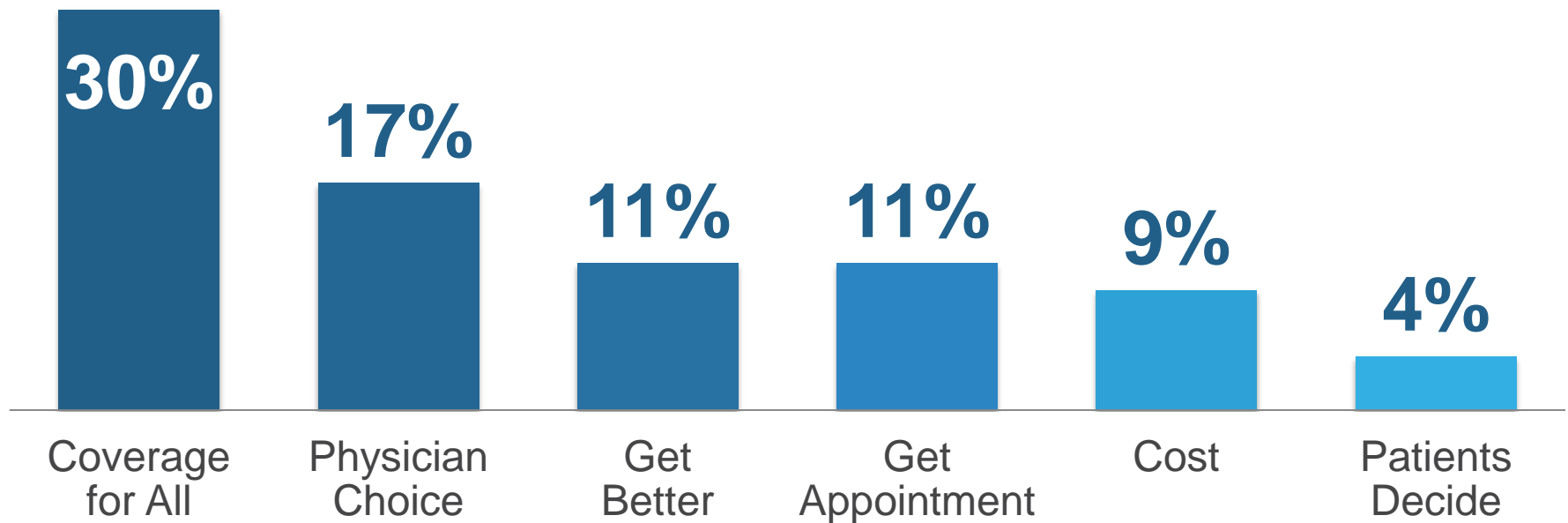
- 5,000 people
- 1,000 each from 5 states
- Texas, California, Ohio, New York, Florida

Nielsen surveys carried out on the Internet

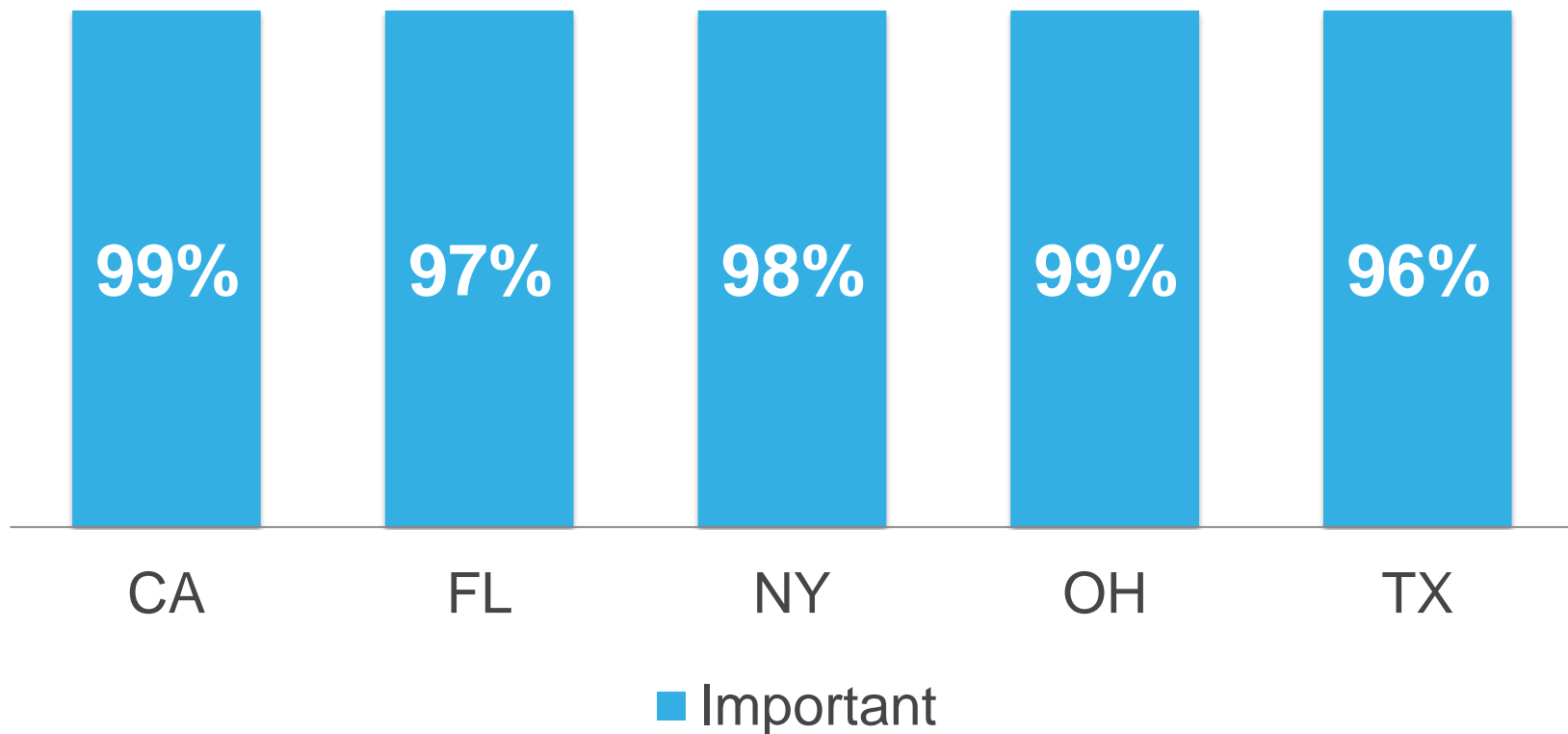
1: Below are 6 statements describing a health care system.

- A. Basic health care insurance coverage is available to all
- B. Treatment causes patients to get better
- C. Patients can choose their own physicians
- D. Patients can get an appointment to see their physicians when they need one
- E. Patients, not doctors, make the medical decisions
- F. Patients can pay health care bills without cutting down on other expenses

Coverage and choice are among most important health system characteristics: Results similar across states



Health care consumers value having health insurance



2: Imagine that a candidate for political office in Texas was in favor of supporting health coverage for all US citizens by the government.

Would that contribute to your decision to vote for him or her?

A. Yes

B. No



About 2/3 would vote for a candidate supporting health coverage for all US citizens by the government

70%

TOTAL

71%

California

70%

Florida

76%

New York

64%

Ohio

64%

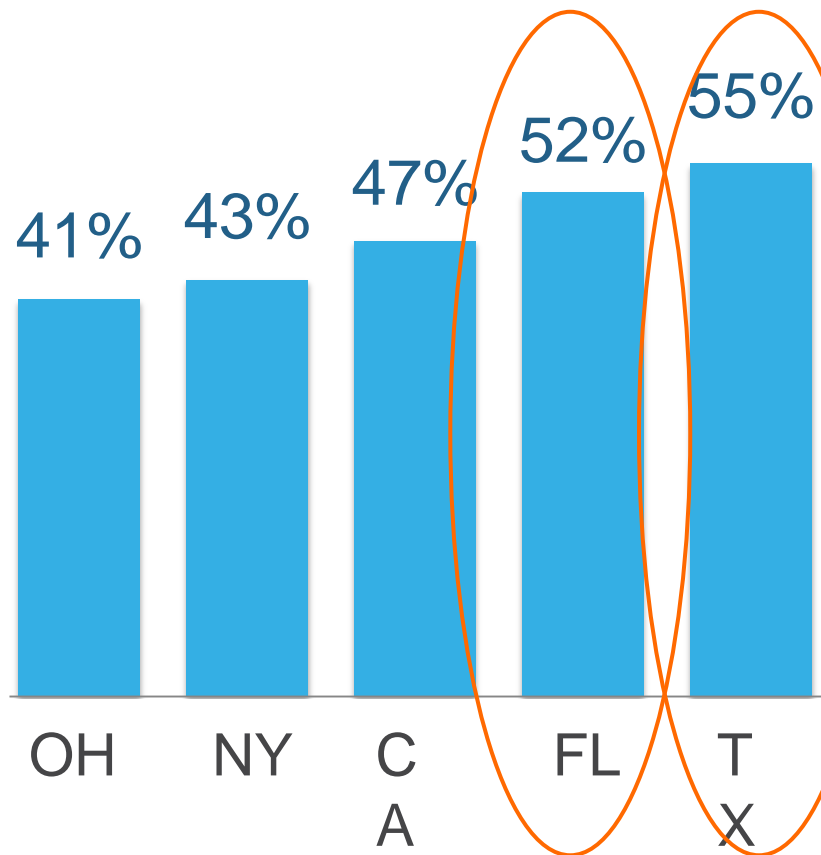
Texas

3: I don't worry about the quality of health care because it is generally excellent

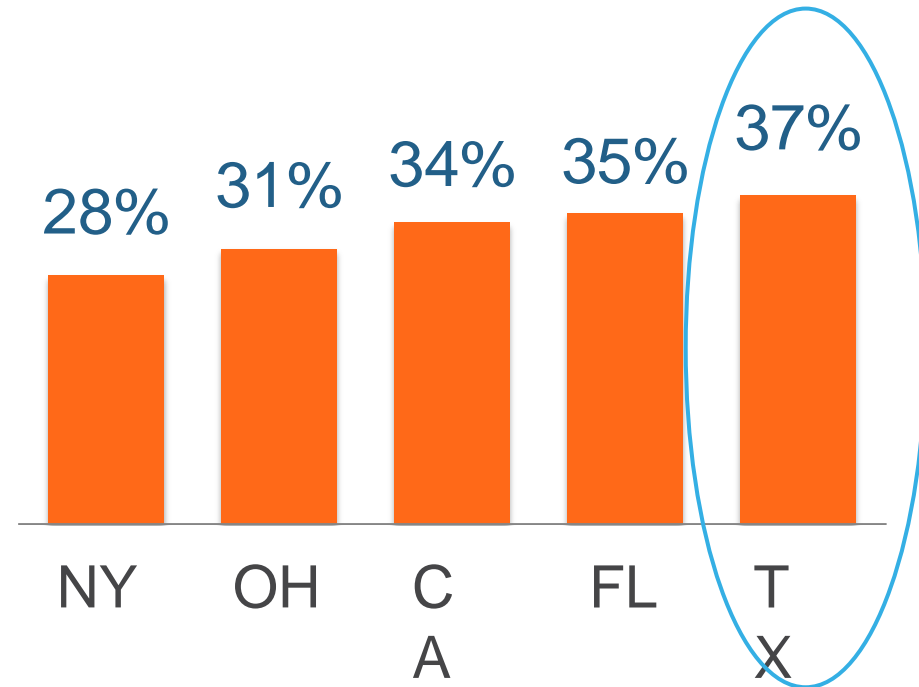
- A. Agree – I don't worry
- B. Disagree – I do worry



Concern about the quality of care varies by state



Worry about quality of health care

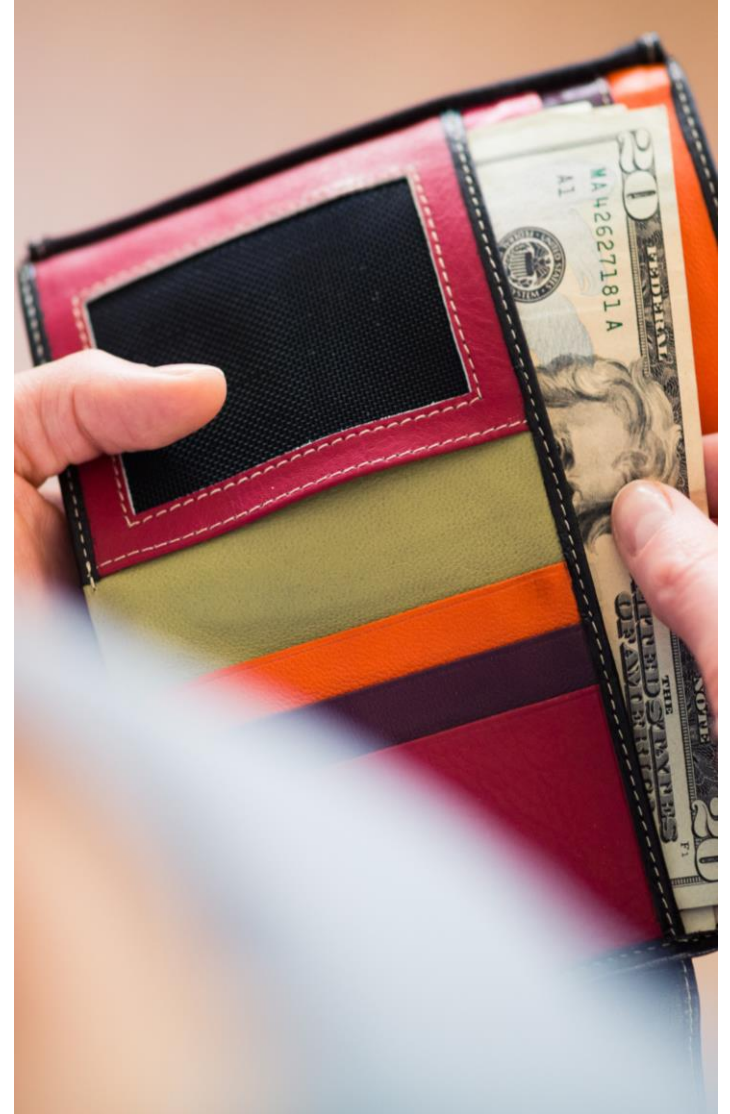


Quality is worse than two years ago

4: I'm paying more out of pocket for my health care this year than two years ago

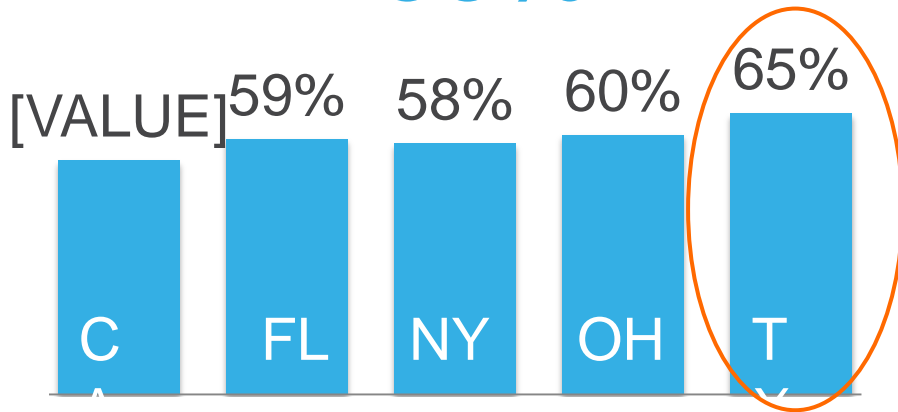
A. Yes

B. No



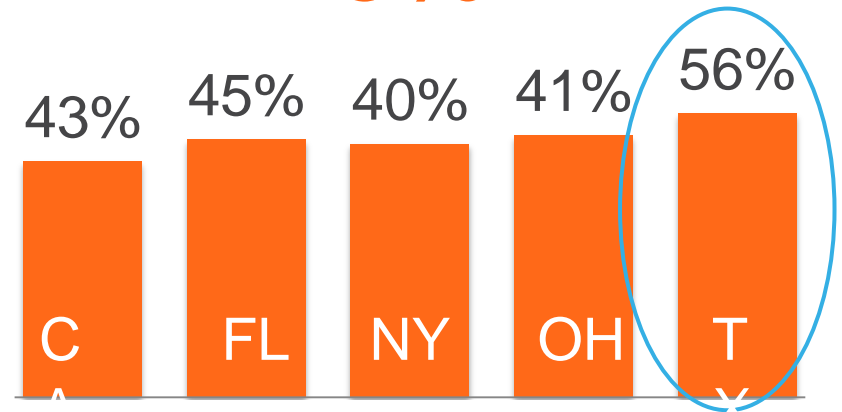
Consumers are paying more out-of-pocket; some are cutting down elsewhere to afford care (especially in Texas)

58%



More out of pocket than two years ago

45%



Cut down to pay for health care

What is the major barrier to health care for the uninsured: **cost**

California	52%
Florida	63%
New York	39%
Ohio	52%
Texas	57%
TOTAL	54%

87%

of the uninsured
who visit the
health exchange
marketplace could
not afford coverage

5: Imagine that a candidate for political office in Texas agreed to manage health care costs. Would that contribute to your decision to vote for him or her?

A. No

B. Yes



Across all states, over 80% of people would vote for a candidate who agreed to manage health care costs.

85%

California

86%

Florida

85%

New York

85%

Ohio

82%

Texas

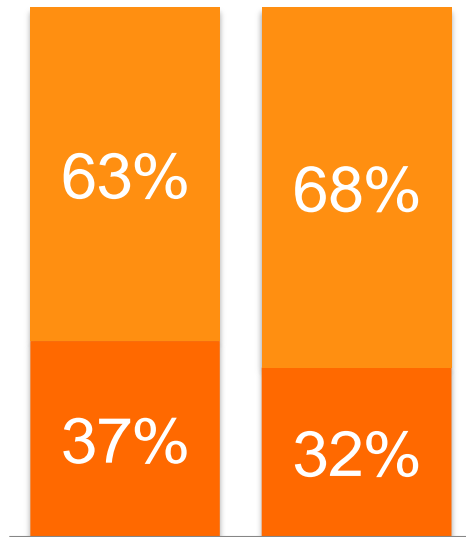
6: Are you in favor of expanding Medicaid to increase access to care in Texas?

A. No

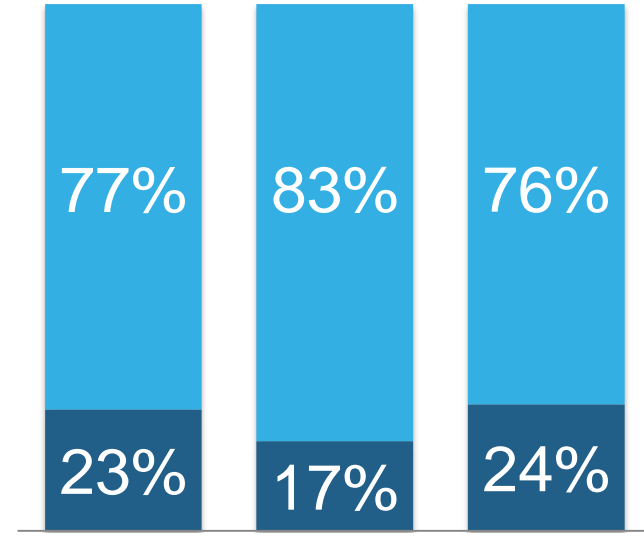
B. Yes



Medicaid expansion viewed favorably across states; Almost 2/3 of Texans support



TX FL
Non-Expansion States



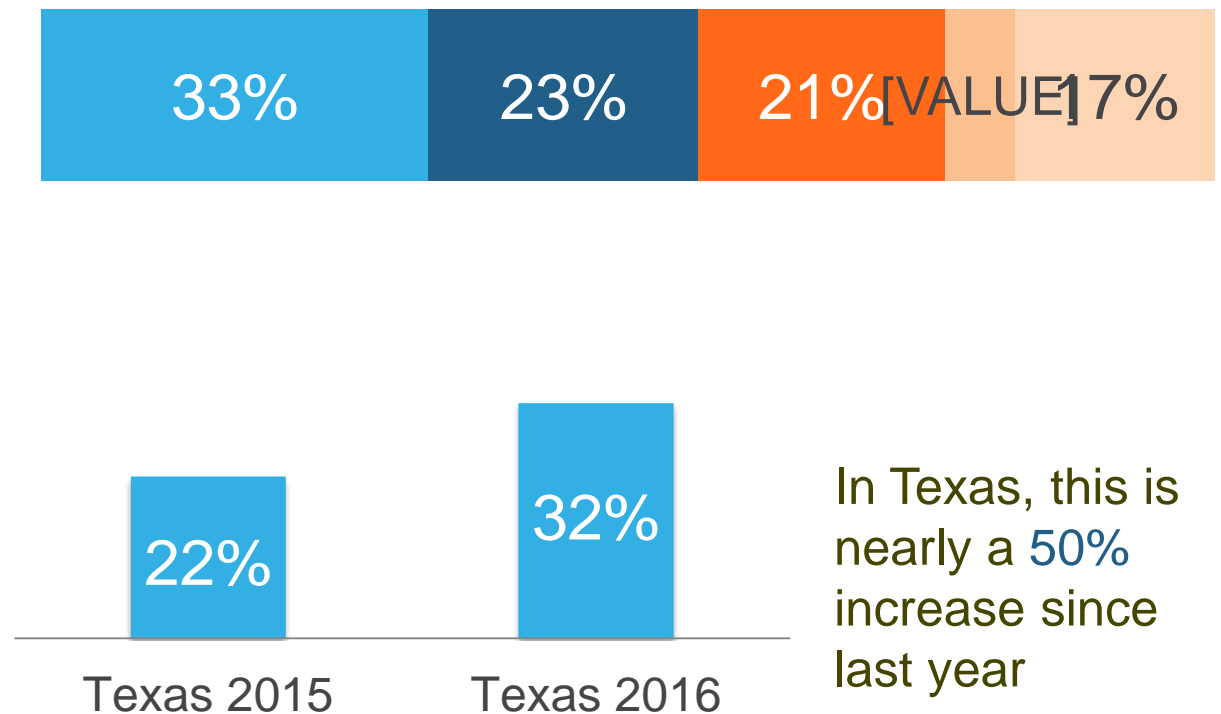
CA NY OH
Expansion States

Support Oppose

Keep Repeal

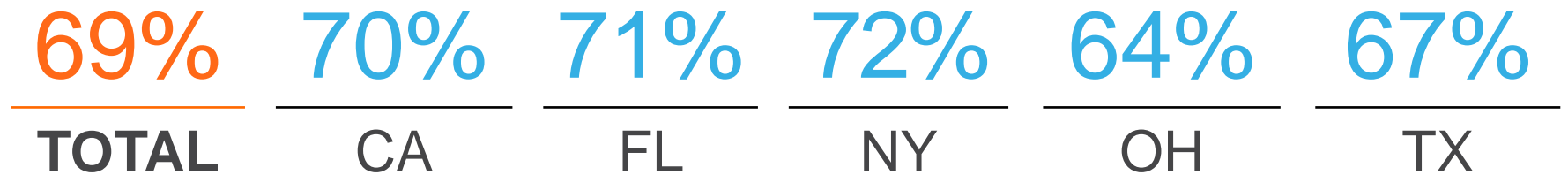
Expanding Medicaid is the top choice for reaching coverage for all

- Expand Medicaid
- Not government's responsibility
- Buy own insurance
- Do not care how
- Not sure



In Texas, this is nearly a 50% increase since last year

Across all states, about 2/3 would vote for a candidate in favor of Medicaid expansion

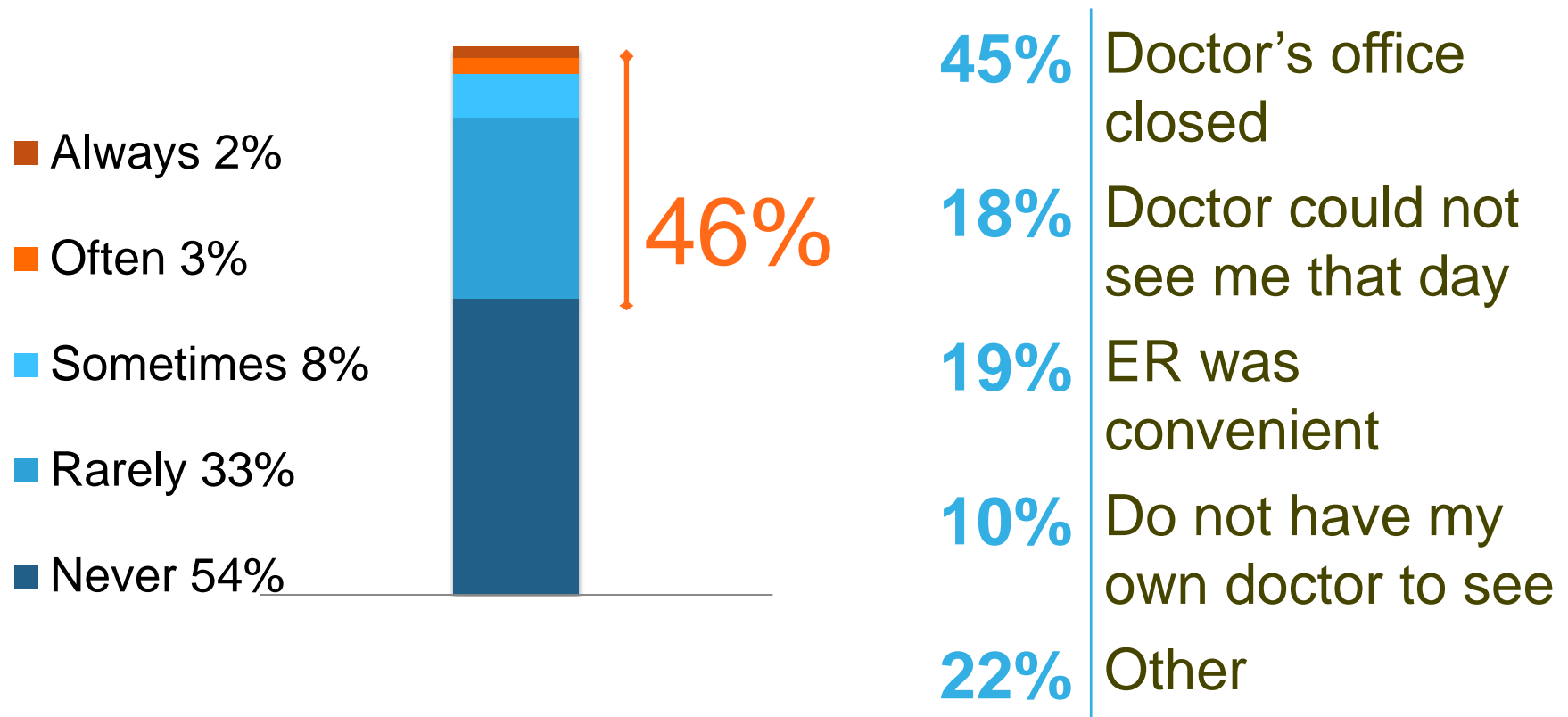


7: How often do you use the emergency room for yourself or your child, even though it is not a true emergency?

- A. Always
- B. Often
- C. Sometimes
- D. Rarely
- E. Never



About half of people have used the Emergency Department for non-emergencies; the doctor's office was closed



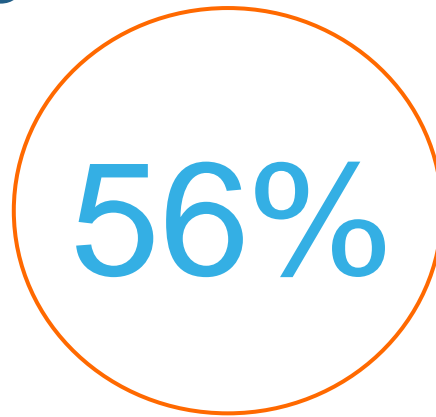
8: Foods that lead to obesity should be more expensive

A. No

B. Yes



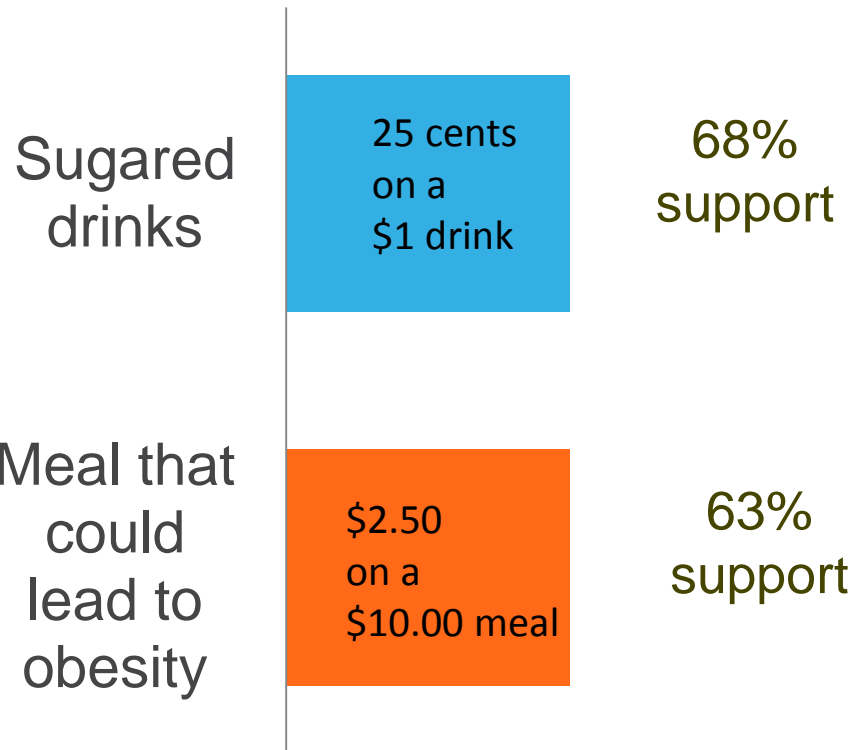
More than 1 in 2 across all states support making foods that lead to obesity being more expensive



New York	62%
California	56%
Florida	54%
Texas	53%
Ohio	51%

How much of a tax?

Two-thirds support at least a 25% tax



How much of a tax?

Two-thirds support at least a 25% tax

Sugared drinks

25 cents
on a
\$1 drink

68%
support

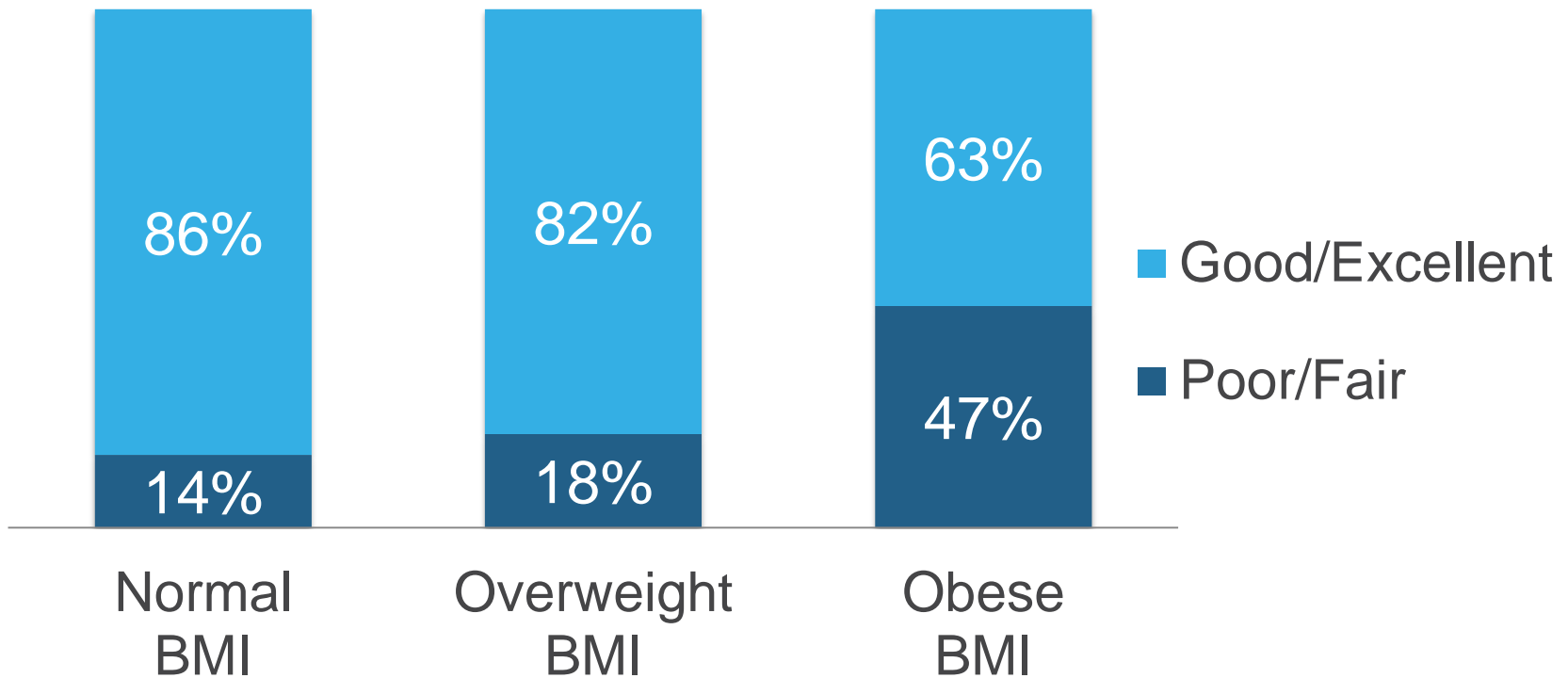
**44% support
50 cents or
more**

Meal that
could
lead to
obesity

\$2.50
on a
\$10.00 meal

63%
support

86% of Normal BMI say they are in good-to-excellent health... so do most who are overweight or obese



Overweight and obese consumers are more skeptical that increasing the price of a sugared drink would help

"Higher price on sugared drinks could help people make healthier choices"

57%

Normal BMI

49%

Overweight BMI

46%

Obese BMI

TMC Red-Yellow-Green Vending Machine Labeling



About 2/3 would vote for a candidate who supported red-yellow-green food labeling

64%

TOTAL

63%

CA

64%

FL

66%

NY

65%

OH

62%

TX

Key State Findings: Texas

COST

More consumers in Texas than any other state surveyed are:

- *Paying more out of pocket for health care vs. 2 years ago (65%)*
- *Cutting down on other expenses to pay for health care (56%)*

QUALITY

- *Worried about quality (55%)*
- *Say quality has declined in the last 2 years (37%)*

Key State Findings: Texas (continued)

COVERAGE

- *96% of Texans say having health insurance coverage is important*

IMPROVING ACCESS

- *Nearly 2 in 3 Texans would support Medicaid expansion in Texas (63%)*
- *Medicaid expansion is the top way Texans would expand coverage; this increased 50% from last year*