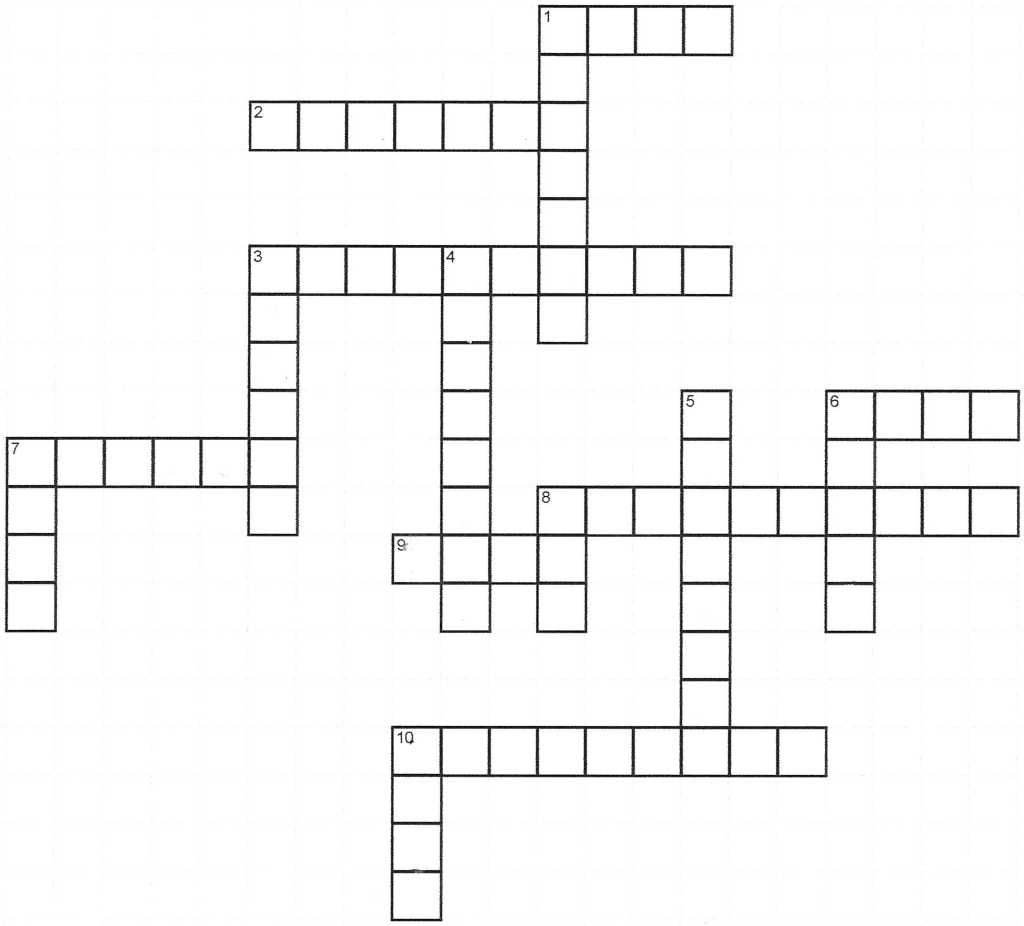
Find the ultimate superfood



Across

1 In 1 cup, has more vitamin C than an orange

2 Small sweet and sour citrus eaten whole

3 Short German sausage

6 Leaves can be flat, curly or dinosaur-like

7 Clear cherry brandy

8 Shaped like a human excretory organ

9 Chinese gooseberry

10 Give me a break, woncha break me off a piece of that

Down

1 Not for a Chicago-style dog

3 Korean fermented vegetables

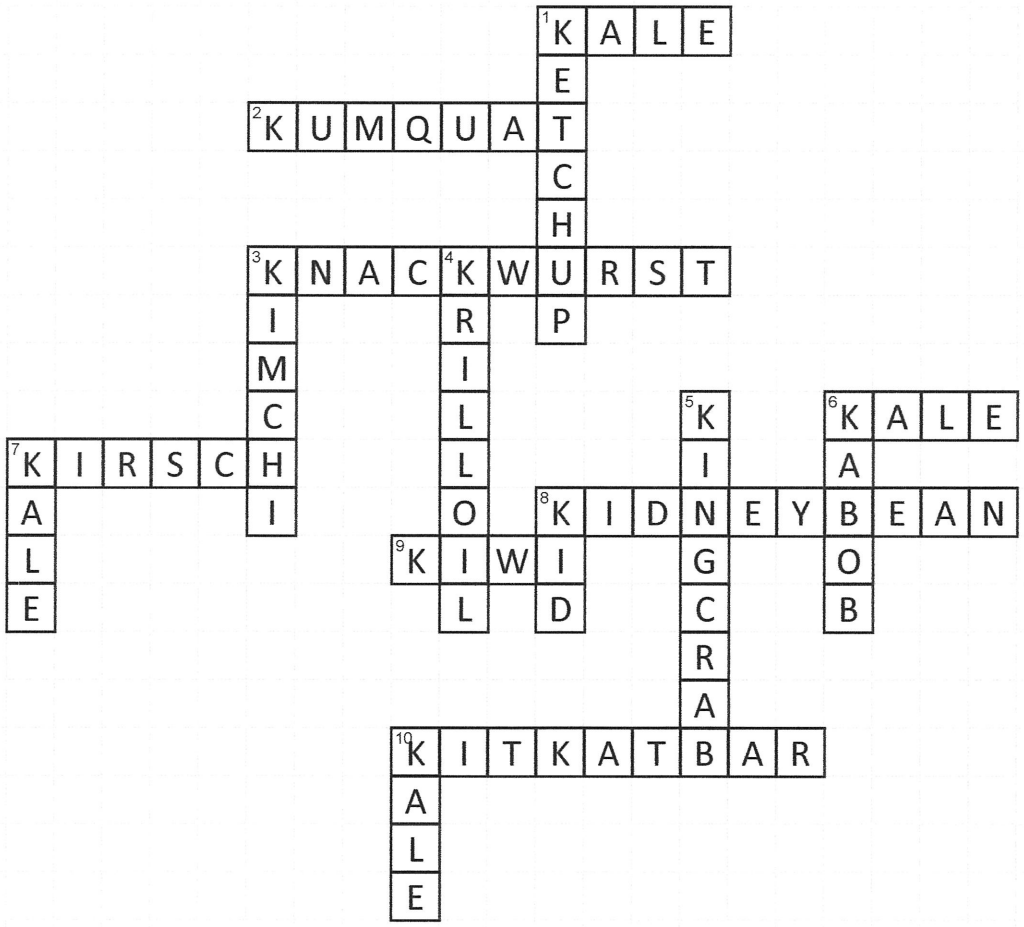
4 Omega 3's from Antarctic Crustacean

5 Dipping delicacy from Alaska

6 Skewered chunks of meat

7 Has more iron per ounce than beef

8 Young goat

10 Grown by Thomas Jefferson at Monticello

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