

2014 Commission on Health Equity Request for Information

Program Name	Program Description	No. of Children/Families Served	Outcome Narrative
Primary Mental Health	The Primary Mental Health Program (PMHP) is a school-based early intervention program. It serves at-risk kindergarten through Grade 3 children through the detection and prevention of emotional, behavioral and learning problems. The PMHP serves approximately 1,000 children in 20-25 school districts, annually. Funding pays for a portion of the costs of counselor assistants (Supervised Mental Health Professionals).	Approximately 1,000 children	Statistically significant improvement in students' behavior control, social skills with peers and willingness to follow school rules.
Family Resource Centers	Family resource centers help communities prevent an array of childhood and adolescent problems. This is accomplished by strengthening effective family management practices and establishing a continuum of child-care and support services those children and parents need. By using public school buildings, family resource centers are able to take advantage of the geographic area served by the school. All families residing in the school's attendance area are eligible for services offered by the center. The components of the family resource centers are: child care; adult education; families in training; school-age child care; positive youth development/teen pregnancy prevention; support and training to home day-care providers; and resource and referral.	11,749 children and 4,959 Adults/Parents/Guardians	Increase in parental knowledge and skills related to child development and behavior, as well as the services that are available in the local school district and community.
Youth Service Bureaus and Youth Service Bureau Enhancement	Youth Service Bureaus (YSB) assist municipalities and private youth serving agencies designated to act as agents for such municipalities, in establishing, maintaining, or expanding youth service bureaus. Direct services which may be provided include: individual and group counseling; parent training and family therapy; work placement and employment counseling; alternative and special educational opportunities; outreach programs; teen pregnancy services;	25,010 children and youth	Youth diverted from the juvenile justice system. Youth and families provided with mental health services leading to success in school.

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	suspension/expulsion services; diversion from the juvenile justice system; and preventive programs including youth pregnancy, youth suicide, violence, alcohol and drug prevention. The number of YSBs participating in the grant program was 99 bureaus that served 126 towns in 2012-13.		
Priority School Districts – Extended Hours	The Priority School District – Extended School Hours Grant (ESH) grant program assists the neediest districts in improving student achievement and enhancing educational opportunities. The focus is to extend school hours to provide safe environments for students to experience academic, enrichment and recreational supports.	Approximately 2000 youth	Research indicates that students are safe in after school programs and benefit both academically and socially.
Young Parents Program	The Young Parents Program (YPP) provides funding to help school districts maintain or establish supports for students who are pregnant or parenting and their children. Teenage mothers and fathers have unique educational needs and infants and toddlers of young parents are at risk for disabilities, health disorders and developmental delays. This program allows teen parents to complete their high school education while their infants and toddlers receive quality child care. The state allocations are matched by local funding.	230 parenting students and 169 infants and toddlers	Over 80 percent of the parenting students enrolled in the program either graduate or continue to pursue their high school diploma.
After School Program	The After School Program provides grants for after school programs to local and regional boards of education, municipalities and not-for-profit organizations to model best practices for after school programming to improve student’s achievement, school attendance and behavior in school. In 2013-14, the After School Program funded 26 grantees statewide.	Approximately 4,500 children and youth	School attendance rates for students that attend after school programs are higher than students without access to after school programs. In Demographic Reference Group I school districts gains in reading performance were significantly higher

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			measuring year to year reading performance for students enrolled in after school programs.
Adult Education State and Federal Program	<p>The purpose of Connecticut’s adult education state and federally funded grant programs is to:</p> <ul style="list-style-type: none"> • assist adults to obtain the knowledge and skills necessary for employment, self-sufficiency and citizenship; • assist adults who are parents to obtain the educational skills necessary to become full partners in the educational development of their children; and • assist adults in the completion of a secondary school education. <p>The Connecticut State Department of Education (CSDE) collaborates with local communities to provide high quality, research-based curriculum, assessment and instructional services. Locally responsive programs are delivered at over 300 locations throughout Connecticut by a wide array of providers that includes local school districts, regional educational service centers, (RESC) literacy volunteer programs, community/faith-based organizations and other agencies.</p>	26,000 CT residents of whom over 9,000 are parents of school age children	<p>More than two-thirds of parents who were administered pre- and post-assessments achieved progress in their basic skill abilities.</p> <p>A majority of parents enrolled in secondary school completion programs either earned their high school diploma or persisted in the program in subsequent years.</p> <p>After leaving adult education, almost 60 percent of parents entered employment and over 80 percent of those retained employment.</p> <p>A majority of parents with the goal of entering postsecondary education or training achieved that goal after graduating from adult education.</p>
Education for Homeless Children and Youth	The McKinney-Vento Education of Homeless Children and Youths (EHCY) Grant Program is designed to promote the enrollment, attendance, and success of homeless children and youth in schools and other educational services for which they are eligible, including Head Start, Even Start, and pre-school programs	1115 children and youth	Facilitated the enrollment, attendance, and success in school of homeless children and youth.

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	<p>administered by the local educational agency (LEA). In order to accomplish this mission, it is necessary to offer educational and related services to homeless children and youth to supplement the traditional classroom experience. Services provided with McKinney-Vento Act funds must not replace the regular academic program and must be designed to expand upon or improve services provided as part of the school's regular academic program.</p>		
After School Learning Centers	<p>The federal 21st Century Community Learning Centers (21st CCLC) After School Program provides grants for after school programs to local and regional boards of education, municipalities and not-for-profit organizations to model best practices for after school programming to improve student's achievement, school attendance and behavior in school. The federal After School Program funds 56 grantees statewide.</p>	Approximately 7,000 children and youth	<p>Research indicates that students are safe in after school programs and benefit both academically and socially. Students that attend after school programs on a regular basis also have improved school attendance and behavior in school.</p>
Healthy Foods Initiative	<p>This state appropriation covers a grant of \$.10 per lunch served for schools that adhere to the healthy school food initiative. The supporting legislation for this grant was enacted in 2006. The healthy school food initiative requires all local education agencies (LEAs) that participate in the program to adhere to the nutrition standards developed by the CSDE for all foods sold to students outside of the federal meal programs.</p>	<p>150 school districts participating in school year 2013-14. (note: unable to calculate exactly how many students purchase foods outside the meal service)</p>	<p>Ensures that only healthy foods that meet the CSDE's nutrition standards are sold to students outside the meal service (e.g., vending machines, school stores, fundraisers, a la carte foods). Encourages students to develop and practice healthy eating habits.</p>
Special Milk Program	<p>The federal Special Milk Program (SMP) provides milk to children in schools and child care institutions who do not participate in other U.S. Department of Agriculture (USDA) meal service programs. The SMP reimburses schools for the milk they serve. Schools in the National</p>	Average 13,750 children per month (per Oct 2013 data)	<p>Access to reduced-fat or low-fat milk for students not participating in federal meal service programs.</p>

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	School Lunch or School Breakfast Programs may also participate in SMP to provide milk to children in half-day pre-kindergarten and kindergarten programs where children do not have access to the school meal programs.		
Child and Adult Care Food Program	The Child and Adult Care Food Program (CACFP) is a federal program through the U.S. Department of Agriculture (USDA). The CACFP provides nutritious meals and snacks to infants, young children and adults receiving day care services as well as infants and children living in emergency shelters.	Approximately 11,300 participants in Child Care Centers and Adult Care Programs. Additional 858 Child Care Home Programs, with typically 6 children per home (based on October 2013 data)	Quality, nutritious meals served to young children and adults in child and adult care centers, daycare homes and emergency shelters.
Summer Food Service Program	During the school year, nutritious meals are available through the National School Lunch and School Breakfast Programs. Those programs end when school ends for the summer. The USDA Summer Food Service Program helps fill the hunger gap during the summer months by providing summer feeding sites that offer breakfast and lunch to children under the age of 18 in communities with high percentages of children eligible for free and reduced price meals.	38,551 children were served each day for a total of 1,749,652 meals throughout the summer of 2013 (June July and August).	Nutritious meals (breakfast and lunch) served to children under the age of 18 during the summer months.
National School Lunch Program	The National School Lunch Program (NSLP) is a USDA meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to children each school day. The program was established under the National School Lunch Act, signed by President Harry Truman in 1946 and reauthorized every 5 years, most recently through the Healthy, Hunger-Free Kids (HHFKA)	Average 535,652 children per month (based on October 2013 data)	Participating students have access to quality, nutritious lunches at school.

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School Breakfast Program	<p>The School Breakfast Program (SBP) is a USDA meal program that provides nutritionally balanced, low-cost or free breakfasts to children each school day. The program was established under the Child Nutrition Act of 1966 to ensure that all children have access to a healthy breakfast at school to promote learning readiness and healthy eating behaviors. This program is also authorized under the HHFKA of 2010.</p> <p>Additional state SBP funding is directed to schools where 20 percent or more of the children participating in the National School Lunch Program receive a free or reduced-price meals.</p>	Average 404,197 children per month (based on October 2013 data)	Increase access for students to receive breakfast which has been shown to improve attendance, behavior and academic achievement.
Fresh Fruit & Vegetable Program	The federally funded Fresh Fruit and Vegetable Program (FFVP) provides all children in participating schools with a variety of free, fresh fruits and vegetables during the school day. It is an effective and creative way of introducing fresh fruits and vegetables as healthy snack options. The FFVP also encourages community partnerships to support the schools when they offer free fruit and vegetables to children during the school day. Participating schools must have greater than 50 percent of the students in the school eligible for free and reduced-price meals.	41,726 students in the 2013-14 school year	Increase students' opportunity to have nutritious snacks during the school day.
Improving the Health and Educational Outcomes and Well-Being for Young People	<i>Improving the Health and Educational Outcomes for Young People</i> , is funded through a cooperative agreement from the Centers for Disease Control and Prevention's Division of Adolescent and School Health. It supports implementation of Coordinated School Health (CSH),	Resources are directed at increasing the capacity of schools and educators to address the health needs of students; therefore,	Increase access for students to receive health and mental health programs and services which has been shown to improve attendance, behavior and academic achievement.

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	<p>Promotion of Physical Activity, Nutrition, and Tobacco-Use Prevention (PANT), HIV prevention education, and the Youth Risk Behavior Survey also known as the Connecticut School Health Survey (CSHS).</p> <p>Specifically, this funding:</p> <p>Supports the Coordinated School Health Leadership Project which enhances the capacity of nine school districts to implement a coordinated approach to school health.</p> <p>Provides professional development to school administrators, teachers, health and mental health providers in delivering research-based approaches to health and wellness policies, programs and services.</p> <p>Supports the administration of the Connecticut School Health Survey, which a surveillance system that collects data on health risk behaviors and protective factors of students in grades 9-12.</p>	<p>Difficult to calculate actual number of students served.</p>	<p>Continue to collect trend data on risk behaviors and protective factors on students in grades 9-12.</p> <p>Increase number of administrators, teachers, health and mental health providers trained to deliver research-based programs and services.</p> <p>Decrease the duplication and increase the coordination of programs and services in schools.</p> <p>Increase the number of districts and schools that have evidenced-based policies, practices and programs in place to address the health and wellness issues of students. (School Health Profiles)</p> <p>Increase the capacity of Coordinated School Health Leadership Project (nine Pilot Districts) to implement a coordinated approach to school health.</p>
<p>Supports for Pregnant and Parenting Teens</p>	<p>The federally funded school-based Support for Pregnant and Parenting Teens Program (SPPT) provides grants to program in six Connecticut school districts with the highest teen pregnancy and school dropout rates. The SPPT programs provide services in grades 9 through 12 that focus on improving the health, education, and social outcomes for</p>	<p>250 pregnant/parenting teen mothers 200 children 160 teen fathers</p>	<p>Increase graduation rates.</p> <p>Reduce dropout rates.</p> <p>Reduce second pregnancies.</p>

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	<p>pregnant and parenting students and their children. The primary goal is to improve the students' success as measured through high school completion and the health and wellness outcomes of the students and their children.</p>		<p>Increase well-child visits and percentage of children meeting developmental milestones.</p> <p>Increase the percentage of children not meeting developmental milestones that service to address developmental delays</p>
<p>Neighborhood Youth Centers (NYC)</p>	<p>Boys and Girls Clubs of America have a health and life skills goal that promotes healthy lifestyles. These initiatives develop young people's capacity to engage in positive behaviors that nurture their own well-being, set personal goals and live successfully as self-sufficient adults. Programs include: Date SMART, Passport to Manhood, SMART Girls, SMART Moves, NetSmartz and Healthy Habits: A Triple Play Program.</p>	<p>Resources are directed at promoting healthy lifestyle behaviors to all students in Connecticut (exact number unavailable)</p>	<p>Increased healthy lifestyle behaviors.</p>
<p>Leadership, Education, and Athletics in Partnership (LEAP)</p>	<p>Leadership, Education, and Athletics in Partnership (LEAP) reaches into neighborhoods that are laden with a shortage of positive resources and has been a pillar in the New Haven community providing children and youth with positive alternatives for their growth and development. The LEAP program has a whole-child perspective (academic, career, social/emotional, physical and nutrition) that understands, prevents and responds to the challenges presented within the school and community. LEAP has led the movement to provide children and youth with opportunities to thrive in all areas of their lives.</p>	<p>350 – 400 children</p>	<p>Achievement of positive academic and social outcomes for children living in high poverty urban neighborhoods and to instill a sense of responsibility, leadership and advocacy to the local and global community.</p>

Web Link for Programs Listed:

<http://www.sde.ct.gov/sde/taxonomy/taxonomy.asp?DLN=45424&sdeNav=|45424|&sdePNavCtr=|45534|#45534>

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Web Link for Adult Education Programs Listed: <http://www.sde.ct.gov/sde/taxonomy/taxonomy.asp?DLN=45426&sdeNav=|45426|>