

Organization	Age Group/Division	Conditions ¹
National Wheelchair Basketball Association		Did not respond
†United States Bobsled and Skeleton Federation		No transgender inclusion policy
†United States Canoe Association		No transgender inclusion policy
†United States Dressage Federation		No transgender inclusion policy
†United States Equestrian Federation		No transgender inclusion policy; non-discrimination policy includes gender and gender expression
United States Eventing Association		Did not respond
United States Golf Association	Post-puberty	All players participating in gendered competition must provide Proof of Gender. Trans athletes must have completed gender reassignment (gonadectomy) at least two years prior to competition. Additionally, Proof of Gender for trans athletes must include the following:
		i) Identification of physician who conducted pre-operative psychiatric evaluation, including name, address and phone number;
		ii) Hospital records confirming completed surgical gonadectomy;
		iii) All office records documenting related follow-up treatment;
		iv) Executed waiver allowing members of USGA medical panel to contact all treating physicians if deemed necessary.
		In the event that hospital records have been purged or lost, or are otherwise unobtainable, a current physical examination performed by a physician experienced in this type of surgery, a report from that physician, and the documentation referenced in (i) and (iii) above, will be considered and reviewed.
†United States Mixed Martial Arts Federation		No transgender inclusion policy. Developing policy for 2018, most likely adopting IOC guidelines.
United States Ski and Snowboard Association		Did not respond

United States Soccer Federation	Recreational	For the purposes of registration on gender-based amateur teams, a Federation player may register with the gender team with which the player identifies, and confirmation sufficient for guaranteeing access shall be satisfied by documentation or evidence that shows the stated gender is sincerely held, and part of a person's core identity. Documentation satisfying the herein stated standard includes, but is not limited to, government-issued documentation or documentation prepared by a health care provider, counselor, or other qualified professional not related to the player.
	Elite	Above policy does not apply to national teams or pro leagues.
United States Tennis Association		Follows IOC guidelines
US Biathlon Association		Did not respond
US Figure Skating		No transgender inclusion policy; gender identity included in non-discrimination policy
US Lacrosse	US Lacrosse has no concrete transgender inclusion policy, acknowledging that trans athletic participation is determined on a state-by-state basis. However, US Lacrosse's recommended guidelines are as follows:	
	Under-18 recreation	Recommends allowing players to self-identify
	Over-18 elite	Subject to IOC guidelines for transgender athletes
US Quidditch		Allows athletes to self-identify
†US Sailing		No transgender inclusion policy; non-discrimination and eligibility policies include gender identity and gender expression
US Speedskating		Did not respond
US Squash		Did not respond
†USA Archery		Follows IOC guidelines
USA Baseball		Did not respond
USA Basketball		Did not respond
†USA Boccia		Did not respond
USA Boxing		Adheres to the Stockholm Consensus; currently revising its Medical Handbook

USA Climbing		A competitor may register for a membership as the gender with which the competitor identifies. If that gender is different from the gender reflected on the competitor's birth certificate, or is a different gender from that previously used by the competitor as a USA Climbing member, the competitor must provide to USA Climbing an objective manifestation (documentation or other evidence) that shows the stated gender is sincerely held and reflects the person's core identity. Documentation satisfying this standard generally may include, without limitation, government-issued documentation or documentation prepared by a health care provider or licensed counselor must not be the athlete's first or second degree relative. This rule is subject to any superseding rule or policy of any applicable national or international governing body with respect to international competition.
USA Curling	Recreational	Curlers will be allowed to compete on the gendered teams they identify with, provided they provide one of the following: - Government issued ID stating identified gender - Letter from licensed physician or therapist outlining curler's gender - Letter of understanding from USCA confirming curler's gender
	Elite (international/national)	Trans curlers must abide by IOC and World Curling Federation (WCF) trans inclusion guidelines
USA Cycling	Non-elite	Allows trans athletes to self-identify (in the event that an athlete's gender is in question, athlete may be required to provide evidence of eligibility)
	Elite	Athletes must follow IOC guidelines regarding trans inclusion
USA Diving		Did not respond
USA Fencing		Did not respond
USA Field Hockey		Did not respond
†USA Floorball		No transgender inclusion policy; elite levels comply with the International Floorball Federation
USA Footvolley		Did not respond
USA Gymnastics	Recreational	Applicant must submit a formal letter with a request to participate in USA Gymnastics sanctioned events, which must include a statement affirming the gender identity of the athlete. If the athlete is a minor, the request must be submitted by a parent/guardian. If the athlete is under age 18, he/she/they may also submit a personal statement in support of his/her/their request. Applicant must provide a confirmation of gender identity from a medical professional, and if applicable, must provide any information related to an athlete's transition/intent to transition status. Applicants must agree to comply with all aspects of the eligibility determination. Committee will research applicable state discrimination laws and non-discrimination policies.

	Pre-puberty	Athletes may be granted eligibility to participate in their affirmed gender. Some of the evaluative criteria include: <ul style="list-style-type: none"> - Age - Gymnastics Discipline - Gymnastics Level - Gymnastics Experience - Evaluation of competitive advantage - Support from gymnastics community
	Post-puberty	Athletes will be eligible for participation after completing their transition, provided the following:
		MTF Individual: <ul style="list-style-type: none"> -Surgical anatomical changes have been completed, to include the appropriate sex reassignment. Eligibility should begin no sooner than two years after gonadectomy. -Legal recognition of assigned sex is obtained from the appropriate authorities. -Hormone therapy has been administered in a verifiable manner and for a sufficient length of time (one year minimum) to minimize gender-related competitive advantages.
		FTM Individual: <ul style="list-style-type: none"> -If gender confirmation surgery is desired, the surgery has been completed, the athlete is in good health, and has been cleared by their surgeon to participate in gymnastics -Legal recognition of assigned sex is obtained from the appropriate authorities. <p>If hormone therapy is desired, it is being monitored by a medical doctor and is not being used as a way to enhance athletic advantage.</p>
	Elite	Subject to IOC, International Gymnastics Federation (FIG), United States Olympic Committee (USOC) Guidelines on trans athletes
USA Hockey		Did not respond
USA Judo		Did not respond
USA Karate		Policy aligns with WKF and NCAA policies
	Pre-puberty	a) Individuals transitioning from male to female before puberty shall be regarded as girls and women (female)
		b) Individuals transitioning from female to male before puberty shall be regarded as boys and men (male)
	Post-puberty	a) Those who transition from female to male shall only be eligible to compete in the male category without restriction if:
		i) the athlete has declared that his gender identity is male.

		ii) The athlete must demonstrate that her total testosterone level in serum has been below 10 nmol/L for at least 12 months prior to her first competition.
		iii) The athlete's total testosterone level in serum must remain below 10 nmol/L throughout the period of desired eligibility to compete in the female category. d. Compliance with these conditions may be monitored by testing. In the event of non-compliance, the athlete's eligibility for female competition will be suspended for 12 months.
USA Powerlifting		Did not respond
†USA Rugby		Follows World Rugby's "Gender Identity Disorder (GID) and Disorders of Sexual Difference (DSD) Policy"
	Pre-puberty	Individuals who have had sexual reassignment before puberty are considered to be female or male and will be allowed to play Rugby in the reassigned gender group.
	Post-puberty	Individuals are subject to the regulations of the Stockholm Consensus
USA Shooting		Did not respond
†USA Swimming	18 and under	Allows athletes to self-identify
	Over 18	Follows IOC guidelines
USA Softball		Did not respond
USA Synchronized Swimming	Minors (18 and under)	USA Synchro has a suggested policy allowing minor athletes to self-identify
USA Taekwondo		Did not respond
†USA Table Tennis		No transgender inclusion policy
USA Team Handball		Did not respond
USA Track & Field	Recreational	Allows athletes to self-identify
	Elite	Follows IOC guidelines
USA Triathlon		Did not respond
USA Ultimate	Youth	For youth competition, any transgender athlete may participate in accordance with his or her gender identity irrespective of the gender listed on the athlete's birth certificate or other records, and regardless of whether the athlete has undergone any medical treatment. This policy shall not prevent a transgender athlete from electing to participate according to his or her assigned birth gender.
	College/Senior	A trans male (female to male) athlete:
		a) Who is not taking testosterone related to gender transition may participate on an open or women's team, or may count towards the female gender ratio on a mixed team.
		b) Who has received medical treatment with testosterone related to gender transition may compete on an open team or count towards the male gender ratio in mixed competition, but is no longer eligible to compete on a women's team or count towards the female gender ratio in mixed competition.
		A trans female (male to female) athlete:

		a) Who is not taking hormone treatments related to gender transition may not compete on a women's team or count towards the female gender ratio in mixed competition.
		b) Being treated with testosterone suppression medication related to gender transition may compete on an open team or count towards the male gender ratio in mixed competition, but may not compete on a women's team or count towards the female gender ratio in mixed competition until completing one calendar year of testosterone suppression treatment.
†USA Volleyball		USAV's "transsexual testing requirements" do not apply to IOC sanctioned events
	All ages	Female to Male, all age groups (prepubertal, pubertal, and adult): - All athletes must submit appropriate documentation upon request. Testosterone levels must not exceed the upper limit of the normal male reference range for their age group.
		Male to Female: - All athletes must submit appropriate documentation upon request. Testosterone levels must not exceed the upper limit of the normal female reference range for their age group.
	12 and under MTF	No restriction if seeking to play on a female team.
	13-18 years MTF	(registered as a Junior, including a 19 year old still in high school) Testosterone levels must be within normal female reference range (for the age range) for a minimum of 6 months preceding the application to participate.
	18+ MTF	Testosterone levels must fall within normal adult female reference range for a minimum of 1 year prior to the application to participate.
USA Water Polo		Did not respond
USA Weightlifting		Applicant must submit a formal letter with a request to participate in USA Weightlifting sanctioned events, which must include a statement affirming the gender identity of the athlete. If the athlete is a minor, the request must be submitted by a parent/guardian. If the athlete is under age 18, he/she/they may also submit a personal statement in support of his/her/their request. Applicant must provide a confirmation of gender identity from a medical professional, and if applicable, must provide any information related to an athlete's transition/intent to transition status. Applicants must agree to comply with all aspects of the eligibility determination. Committee will research applicable state discrimination laws and non-discrimination policies.
	Pre-puberty	Athletes may be granted eligibility to participate in their affirmed gender. Some of the evaluative criteria include: - Age - Weightlifting Experience - Evaluation of competitive advantage
	Post-puberty	Athletes will be eligible for participation after completing their transition, provided the following:

		<p>MTF Individual:</p> <ul style="list-style-type: none"> - Surgical anatomical changes have been completed, to include the appropriate sex reassignment - Eligibility should begin no sooner than three years after gonadectomy. - Legal recognition of assigned sex is obtained from the appropriate authorities - Should show evidence that hormone therapy has been administered in a verifiable manner and for a sufficient length of time (one year minimum) to minimize gender-related competitive advantages.
		<p>FTM Individual:</p> <ul style="list-style-type: none"> - If gender confirmation surgery is desired, the surgery has been completed, the athlete is in good health, and has been cleared by their surgeon to participate in Weightlifting - Legal recognition of assigned sex is obtained from the appropriate authorities - If hormone therapy is desired, it is being monitored by a medical doctor and is not being used as a way to enhance athletic advantage
USA Wrestling	Pre-puberty	Allows athletes to self-identify
	Post-puberty	Follows IOC guidelines
USRowing	Recreational	Allows athletes to self-identify
	Elite	Must comply with rules of entity running event (FISA, IOC)
†policy obtained via email		¹ terminology used in the Conditions section reflects the language used in existing policies; not all policies use inclusive language or preferred terms
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