

# 2019 CAA Track & Field Championship Schedule of Events (10/18/2018)

## Thursday, May 2nd, 2019

12:00pm-8:30pm Track will be open for practice

6:00pm Coaches meeting in Rhodes Stadium -Woods Center

\* The National Anthem will be performed at the beginning of each day's first event

^ Multi-Event time schedule is subject to change

## Friday, May 3rd, 2019

### FIELD EVENTS

10:00am Men's Javelin Throw  
 11:00am Men's Long Jump ('A' pit)  
 12:00pm Women's Javelin Throw  
 1:00pm Women's Long Jump  
 2:00pm Men's Hammer Throw  
 2:00pm Men's Pole Vault  
 4:00pm Women's Hammer Throw  
 4:00pm Women's Pole Vault

### MULTI-EVENTS

#### DECATHLON

10:00am 100m  
 ^10:30am Long Jump ('B' pit)  
 ^11:35am Shot put  
 ^12:45pm High Jump  
 ^2:00pm 400m

#### HEPTATHLON

10:15am 100m H  
 ^10:45am High Jump  
 ^12:15pm Shot put  
 ^1:45pm 200m

### RUNNING EVENTS

1:00pm Men's 1500m Trials  
 1:20pm Women's 1500m Trials  
 1:45pm Heptathlon 200m  
 2:00pm Decathlon 400m  
 2:05pm Men's 110m H Trials  
 2:20pm Women's 100m H Trials  
 2:50pm Men's 400m Trials  
 3:05pm Women's 400m Trials  
 3:30pm Men's 100m Trials  
 3:45pm Women's 100m Trials  
 4:00pm Men's 800m Trials  
 4:15pm Women's 800m Trials  
 4:30pm Men's 400m H Trials  
 4:45pm Women's 400m H Trials  
 5:00pm Men's 200m Trials  
 5:15pm Women's 200m Trials  
**BREAK**  
 7:20pm Men's 10,000m  
 8:00pm Women's 10,000m

## Saturday, May 4th, 2019

### FIELD EVENTS

10:00am Women's Shot Put  
 12:00pm Men's Shot Put  
 12:00pm Women's Triple Jump ('A' pit)  
 12:30pm Women's Discus Throw  
 1:00pm Women's High Jump  
 2:00pm Men's Triple Jump  
 2:30pm Men's Discus Throw  
 3:00pm Men's High Jump

### MULTI-EVENTS

#### DECATHLON

10:00am 110m H  
 ^10:40am Discus  
 ^11:45am Pole Vault  
 ^1:30pm Javelin  
 ^2:20pm 1500m

#### HEPTATHLON

10:00am Long Jump ('B' pit)  
 ^11:15am Javelin  
 ^1:00pm 800m

### RUNNING EVENTS

10:20am Women's 3000m Steeplechase Final  
 10:40am Men's 3000m Steeplechase Final  
 12:30pm Women's 4x100m Relay Final  
 12:45pm Men's 4x100m Relay Final  
 1:00pm Heptathlon 800m  
 1:10pm Women's 1500m Final  
 1:20pm Men's 1500 M Final  
 1:35pm Women's 100m H Final  
 1:45pm Men's 110m H Final  
 2:00pm Women's 400m Final  
 2:10pm Men's 400m Final  
 2:20pm Decathlon 1500m  
 2:30pm Women's 100m Final  
 2:40pm Men's 100m Final  
 2:50pm Women's 800m Final  
 3:00pm Men's 800m Final  
 3:10pm Women's 400m H Final  
 3:20pm Men's 400m H Final  
 3:30pm Women's 200m Final  
 3:40pm Men's 200m Final  
 3:50pm Women's 5000m final  
 4:10pm Men's 5000m final  
 4:30pm Women's 4x400m Relay Final  
 4:40pm Men's 4x400m Relay Final