# PHYSICIAN TO THE PRESIDENT THE WHITE HOUSE

June 03, 2020

MEMORANDUM FOR:

KAYLEIGH MCENANY

ASSISTANT TO THE PRESIDENT AND

WHITE HOUSE PRESS SECRETARY

FROM:

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PHYSICIAN TO THE PRESIDENT COMMANDER, U.S. NAVY

SUBJECT:

President Donald J. Trump's Periodic Physical Exam

This past April, President Donald J. Trump completed his third periodic physical exam since taking office. I performed and supervised the examination with appropriate specialty consultations and diagnostic testing. This report summarizes data from visits conducted between November 2019 and April 2020, occurring at Walter Reed National Military Medical Center and the White House.

With President Trump's consent, I release the following health information:

Age: 73 years Height: 6'3"

Weight: 244 pounds

Resting heart rate: 63 beats/minute Blood pressure: 121/79 mmHg Pulse-oximetry: 98% room air

Temperature: 98.3 F

There has been no interval change to the President's medical history.

Upon review of systems and physical exam, there were no findings of significance or changes to report.

## Laboratory Results

A comprehensive metabolic panel (CMP) was normal, to include electrolytes, kidney and liver function; hemoglobin A1C 5.4%. Thyroid function was normal. A complete blood count (CBC) was normal. Vitamin B12 and D were normal.

Lipid panel: Total cholesterol 167 mg/dL, Triglycerides 65 mg/dL, HDL cholesterol 70 mg/dL, LDL cholesterol 91 mg/dL, Cardiac CRP 0.34 mg/dL.

## Medications

Rosuvastatin 40mg daily Finasteride 1mg daily Aspirin 81mg daily

#### <u>Immunizations</u>

All travel and routine vaccinations, including seasonal influenza, are up to date.

#### Summary

Following the diagnosis of COVID-19 in two West Wing staffers this past May, as a preventative measure, the President took a two week course of hydroxychloroquine (HCQ), with zinc and vitamin D. This was done in consultation with his appropriate care team members and close monitoring of the electrocardiogram (EKG) for changes in the QT interval. The President completed the regimen safely and without side effects. He continues to receive regular COVID-19 testing, and to date all results have been negative.

Based on my history, examination and consultations, the data indicates the President remains healthy. Overall the President continues to benefit from a multi-disciplinary care team in assessing and promoting his health and wellness as he carries out the duties of the Presidency.